

Sept 1, 2026



September is a month of transition, marking the shift from summer to fall, the harvest season, and a rich tapestry of historical, cultural, and symbolic importance that makes it feel uniquely meaningful.

September bridges summer and autumn with cooler days, changing leaves, and the harvest season. It carries deep symbolism of balance, reflection, maturity, and gratitude while hosting major cultural events like the autumn equinox

and numerous global observances.

- Embrace September as a natural time to release what no longer serves you and prepare for renewal.
- Celebrate the harvest season by appreciating abundance and expressing gratitude for the year's growth.
- Use the month's balanced energy around the equinox to restore harmony in your daily life.
- Enjoy fresh seasonal produce like apples and tomatoes while they are at peak ripeness.
- Slow down intentionally during this transitional period instead of rushing into full autumn mode.

EVENTS TO LOOK FORWARD TO ON SLR'S CALENDAR



COFFEE CHAT As we begin another session of SLR we are happy to announce that you will again be able to connect with other members of SLR from the comfort of your own home. Pull out your favourite coffee mug or cup and settle into your favourite chair Join us for an unstructured, but fun chat where there is an assigned host who helps keep things moving. Each week you will receive an email with a

link to Zoom to connect online. The schedule for the month of **September includes Saturday Sept 5 -10am, Friday Sept 11 -1:30pm, Saturday Sept 19-10am , Friday Sept 25 -1:30 pm.**

Please join us and bring your family and friends to our SLR London Fall Open House. If you haven't decided on a fall course now is your chance.



*SLR London - where
learning is a shared
experience!*

FALL OPEN HOUSE

Wednesday, September 9, 2026

10 a.m. to 12 noon

Grosvenor Lodge, 1017 Western Road, London



*Join us for an Information Session about our non-profit life-long learning organization and chat with our Course Leaders about courses and activities for retirees beginning the week of September 21st.
Free parking and refreshments.*

***You can register online now or in-person at the Open House
for membership and courses.***



To learn more, or to request a brochure:

- Visit our website at slrlondon.com (scanning the QR code on this poster will take you there directly)
- Visit our Facebook page at **SLR London - Canada**.
- Email us at slrlondonontario@gmail.com
- Leave us a message with your preferred contact information at 519-438-3525.



Fall 2026 Meet and Greet gathering

Thursday, September 10

11:30 a.m. – 2:30 p.m.

[1790 Hyde Park Road](https://slrlondon.com/product/fall-meet-and-greet-and-eat)

Maximum: 30

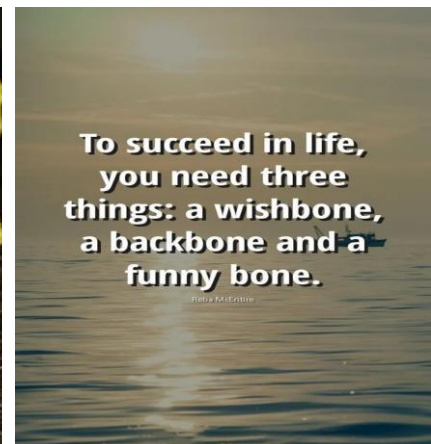
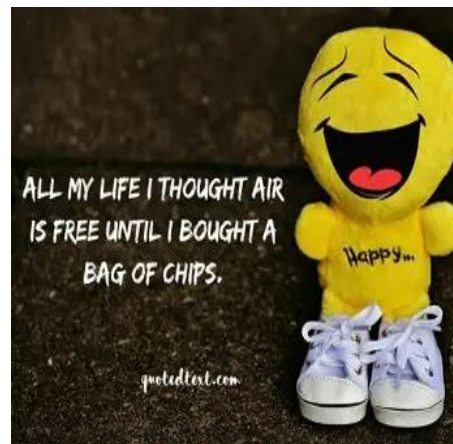
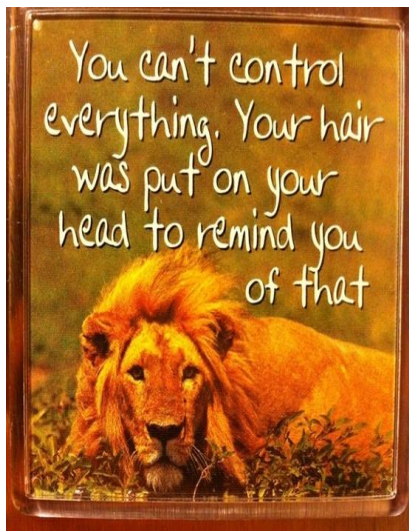
Join us at the Mandarin Restaurant where you can meet SLR friends old and new to share summer stories and discuss course selections for the Fall term.

**This restaurant offers an all-you-can-eat buffet showcasing the best in Chinese Canadian fare.
Each member is responsible for the cost of their own meal. (approximately \$23 + tax and tip)**

Use the link below to register for this event

<https://slrlondon.com/product/fall-meet-and-greet-and-eat>

LAUGHTER IS THE BEST MEDICINE



INFORMATION FOR SLR MEMBERS

OBITUARY



A former SLR Member, Tom Crerar has passed away at the age of 96. Those who knew him will recall his intelligence, curiosity, warm wit, and keen blue eyes. His death notice describes a man who lived life to the fullest, even in retirement.

Just what we all hope to do. *Peggy Matser*

I was with Tom for a couple of courses. I remember that he had excellent suggestions to improve the environment and address climate change. We will miss him. *George Cherian*

A celebration of his life will be held at the Perrin Williams Estate, 101 Windemere Road, London, Ontario, on September 13th at 2:00pm. Donations in his memory may be made to Médecins Sans Frontières, Habitat for Humanity, or the David Suzuki Foundation.

PLEASE KEEP IN TOUCH

Questions? Ideas? Feedback?

Email us at SLR using one of the addresses below- we will respond as soon as possible

For general inquiries: slrlondonontario@gmail.com

For registration or course inquiries: slrregistrar@gmail.com

Of course you can always call the SLR office number **519-438-3525**, also given on the website.

Remember to check out our SLR Facebook pages SLR London – Canada is our public page: <https://www.facebook.com/SLR-London-Canada-406005102938429>. You are also invited to join our SLR London Members Group at <https://www.facebook.com/groups/480744068747546> and clicking on the **join** icon.

For your information
Your Board of directors

- Chair: Twyla Atchison
- President: Burton Moon
- Vice President: Terri Lyons
- Treasurer: Ed Jambor
- Secretary: Lydia Keras

Directors-at-Large: Susan Booth, Brian Glasspoole, Ron Monk, Lisa Darling, Don Efron and Lynn Huizer



Happy Birthday to all our members born in September.

September babies are a unique and remarkable group, celebrated for their distinct traits and the captivating qualities that make them stand out. Whether it's their wise demeanor, loyal nature, or romantic charm, those born in this month bring a special kind of magic to the world.

If you wish to post something in the SLR newsletter or if you want to comment, please use my email address margaretcowan44@gmail.com

Stay safe

Margaret