

June 1 2026

June 2026 is here! It seems like yesterday when we were beginning the SLR Winter courses of 2026, and now we are approaching the final weeks of our Spring Courses. The number of volunteer members and the amount of time that goes into our programming at SLR is enormous. On Friday, May 29, the Fall course and event preview was presented to our members. From September to June our SLR life is in full swing. July and August allows us to take a breath and reflect on the past seasons and start thinking ahead to the next year.

THANK YOU to all who are involved in making SLR such an amazing program!

EVENTS TO LOOK FORWARD TO ON SLR'S CALENDAR



COFFEE CHAT Connect with other members of SLR from the comfort of your own home. Although our format is unstructured, there is an assigned host who helps keep things moving. Each week you will receive an email with a link to Zoom to connect online. The schedule for the month of June includes

Friday June 5, 1:30 pm, Saturday June 13, 10:00 am

Friday June 19, 1:30 pm and Saturday June 27, 10:00am



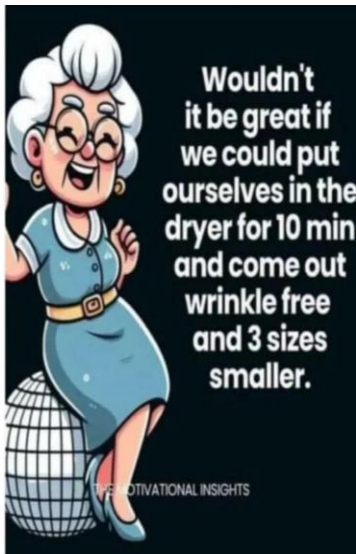
Discover **Riva Italian Restaurant** at 191 Carlow Rd. in beautiful Port Stanley, Ontario. Indulge in authentic Italian cuisine with stunning lake views.

When: Thursday, June 18, 2026, Time: Noon

Members will be responsible for the cost of their meals. 30 seats available. Register using the following link:

<https://slrlondon.com/product-category/social-events>

LAUGHTER IS THE BEST MEDICINE



Sometimes I wake up and think, "Maybe I won't have coffee today." And then I laugh and laugh because it's good to tell yourself funny jokes in the morning.



Sweatpants & Coffee

Nancy Hoffman



I have discovered the secret to a clean house: never let your children or husband enter it.



Best Friends

They know how crazy you are and still choose to be seen with you in public.



I TRY TO TAKE ONE DAY AT A TIME, BUT SOMETIMES SEVERAL DAYS ATTACK ME AT ONCE



INFORMATION FOR SLR MEMBERS

Wow! We counted at least 95 people who attended our Fall Program Preview and Social on Friday last. I know I spoke to at least 25 people who were new to us, most arriving with a friend, or they had been referred by a friend. That is what we like to see and hear! Please keep telling YOUR friends about SLR,

All present were happy to sing along with our SLUGS ukulele group. Also, Burton Moon brought his harmonica along to challenge everyone to identify the movie theme he played - it only took the first three notes. That was fortunate, as Course Leaders only get 90 seconds to talk about their course (even if you're the SLR President!). Other

Course Leaders also were innovative with their brief presentations. Gerry [Ludwig](#) even dressed in costume! - her course is about the US Election, so I will leave it to you to guess who she dressed as. If their courses are as interesting as their presentations, then we are all in for a fun Fall term. Some topics are already Sold Out, so don't delay in getting your selections made. (And don't forget to pay for your Fall membership renewal as well.



Many thanks to Peggy Matser

Jean Spencer Is Retiring. Will she join SLR?

For most of SLR's time using Grosvenor Lodge as SLR's primary facility, Jean Spencer has been our go-to person for all kinds of things in regards to Grosvenor Lodge. Grosvenor Lodge is owned by the City of London and operated by the Heritage London Foundation. Jean is the employee of Heritage London Foundation and attends to all the details related to the inside and accessing the Grosvenor Lodge buildings. SLR is the principal tenant of Grosvenor Lodge's ground floor. The space SLR uses at Grosvenor Lodge can be rented by others for special events when SLR is not offering sessions in the summer. There are offices on the upper level which Jean also oversees. Jean makes certain all is in order for SLR to use Grosvenor Lodge with as few glitches and hiccups as possible. You can imagine the number of details that can arise in a building such as Grosvenor Lodge through the seasons. There can be plumbing, internet, electrical, heating, cooling and much, much more. Jean sees to all these details. From Jean's perspective, SLR is a wonderful and respectful tenant. Jean

wishes this mutually beneficial relationship can continue for many years to come between Heritage London Foundation and SLR.

As was true for many of us, she is experiencing her approaching retirement with mixed emotions. She will miss the many connections that she has made in her position of managing the Grosvenor Lodge buildings. On the plus side, she is looking forward to spending more time with her four grandchildren (aged from 1 month to 8 years) and volunteering at one of London's regional hospitals. Our gift to Jean, for her many years of helping and extending herself to SLR, is a membership to SLR. Jean's curiosity has often been aroused by many of the topics which SLR programs present.

We wish Jean well in entering this next phase of her life and who knows – perhaps we will meet her back at Grosvenor Lodge participating in a SLR group!

Burton Moon, President

NOTE FROM A MEMBER RE TRAVEL TO THE UK

Since many of our members travel, I thought the following information may be of value. It concerns a new rule from the UK that requires all those born in the UK to possess a UK passport. Dual citizens who have been travelling to the UK on their Canadian passport may no longer do so.

"On the 25'th of February of this year a new British rule went into effect requiring that all dual citizens who were born in the UK have a UK passport. This applies to British Canadians, British Americans, British Australians etc. If a dual citizen who was born in Britain does not have a UK passport they will not be allowed to board the plane or boat they are taking, even if they have a passport for the country in which they are now living. If they manage to board the plane or boat, they will not be permitted entry into the UK.

Many travellers and travel agents were taken by surprise by this new rule and at least two members of SLR are now scrambling to obtain a UK passport. This can be done online but is expensive, time consuming and stressful. A dual citizen could renounce his or her UK citizenship but this is even more expensive and many will not want to do so.

To learn more about the new rule and how to obtain a UK passport contact [Overseas British passport applications - GOV.UK](#)"

Richard

PLEASE KEEP IN TOUCH

Questions? Ideas? Feedback?

Email us at SLR using one of the addresses below - we will respond as soon as possible

For general inquiries: slrlondonontario@gmail.com

For registration or course inquiries: slrregistrar@gmail.com

Of course you can always call the SLR office number **519-438-3525**, also given on the website.

Remember to check out our SLR Facebook pages: SLR London – Canada is our public page: <https://www.facebook.com/SLR-London-Canada-406005102938429>.

You are also invited to join our SLR London Members Group at <https://www.facebook.com/groups/480744068747546> and clicking on the **join** icon.

For your information

Your new Board:

- Chair: Twyla Atchison
- President: Burton Moon
- Vice President: Terri Lyons
- Treasurer: Ed Jambor
- Secretary: Lydia Keras

Directors-at-Large: Susan Booth, Brian Glasspoole, Ron Monk, Lisa Darling, Don Efron and Lynn Huizer



Happy Birthday to all our members born in June

June-born individuals are often considered a blend of warmth, curiosity, and creativity. With their charm and infectious energy, they tend to capture the attention of everyone around them. People born in June are often seen as adaptable, social, and highly intelligent.

Their ability to navigate different social circles while remaining true to themselves makes them stand out. But there's more to them than just their sociable nature. June-born individuals have unique traits that shape the way they approach life, love, and work. From their deep emotional intelligence to their remarkable creativity, these individuals possess qualities that make them intriguing to others.

If you wish to post something in the SLR newsletter or if you want to comment, please use my email address

margaretcowan44@gmail.com

Stay safe

Margaret

NOTE: *The next newsletter on June 16 will be the last one until late August. I will be taking a break for the summer relaxing and enjoying our lovely NS home.*