

## STUDY GROUPS

Study Groups are 8 – 10 weeks, ~2 hours/session. Fees and maximum numbers vary. Classes may be in-person at Grosvenor Lodge in the Drake Room, online via Zoom, or a combination.

In Study Groups, each member researches a topic related to the general subject and shares their findings with the class.

### ENCORE

**15 MEMBERS MAXIMUM IN-PERSON**

**Mondays 9:30-11:30 a.m.**

**April 21-June 16 (8 sessions; no class Victoria Day, May 19)**

**Course Leader: Colleen Hagerty; Fee: \$60**

This is your opportunity to inform and entertain our group with a topic you have presented previously. Choose one of your favourites to share with a new and enthusiastic audience.

### YOUR FAVOURITE FERMENTATION

**11 MEMBERS MAXIMUM IN-PERSON; 4 MEMBERS ONLINE**

**Mondays 1:30-3:30 p.m.**

**April 21-June 16 (8 sessions; no class Victoria Day, May 19)**

**Course Leader: Burton Moon; Fee: \$60**

For many of us, our minds jump to wine or beer. However, sauerkraut, kimchi, sourdough cheese, chocolate and many other common foods include the process of fermentation. Fermentation is also an essential step in our experience of antibiotics, vitamins, biofuels, medicines and compost. This study group will be frothing at the mouth! Explore and share with us the many benefits and occasional downsides of fermentation.

### BOOKS TO SCREEN

**15 MEMBERS MAXIMUM IN-PERSON**

**Tuesdays 1:30-3:30 p.m.**

**April 22-June 10 (8 Sessions)**

**Course Leaders: Lynn Huizer and Sheila Wawanash  
Fee: \$60**

From the dawn of cinema, great novels and stories have frequently been adapted for the screen. For those who have not read the books, provides the story. But those who have first read the books cast a more critical eye, noting differences in narrative and tone in the adaptation. Tell us about one of your favourite book-to-screen adaptations and how it was accomplished.

**Possible Topics:** *The Wizard of Oz, Pride and Prejudice, Murder on the Orient Express, To Kill a Mockingbird, The Devil Wears Prada, Crazy Rich Asians, The Color Purple, Life of Pi, The Great Gatsby, The Joy Luck Club, The Godfather Trilogy, Harry Potter Series, Game of Thrones, Shogun, Handmaid's Tale, Lord of the Rings, Master and Commander, Thorn Birds, Poldark, Wolf Hall, All Creatures Great and Small, Call the Midwife.*

### PICK A YEAR, ANY YEAR

**15 MEMBERS MAXIMUM IN-PERSON**

**Wednesdays 1:30-3:30 p.m.**

**April 23-June 11 (8 sessions)**

**Course Leaders: Don Efron and Jim Easton; Fee: \$60**

Many years in the past have seen events that affected the world, a nation, or a community. Was the year characterized by social or political upheaval, a break with artistic norms, pioneering developments in science and technology, or a sea change in popular culture and fashion? Pick a year of significance and tell us about it.

## DISCUSSION GROUPS (In-Person & Online)

Number of sessions, maximum numbers and fees vary, as well as whether online or in-person. In-person classes are held in specified rooms at Grosvenor Lodge or off-site; online classes on Zoom. Members explore weekly topics to ensure meaningful discussion.

### LET'S GROW OUR BRAINS!

**12 MEMBERS MAXIMUM IN-PERSON (DINING ROOM)**

**Mondays 11:45 a.m.-1:15 p.m.**

**April 21-June 2 (6 sessions; no class Victoria Day, May 19)**

**Course Leader: Terri Lyons; Fee: \$45**

The award-winning Big Brains podcast features stories about the pioneering research and pivotal breakthroughs by scholars at the University of Chicago and leading universities across the U.S. This SLR discussion group will take one or more podcasts each session for the focus of our discussion and "solve" a number of world important challenges. In your browser, just type in Big Brains Chicago YouTube.

### GENDER IDENTITY

**16 MEMBERS MAXIMUM IN-PERSON (DRAKE ROOM)**

**Tuesdays 9:30-11:30 a.m.**

**April 22-May 27 (6 sessions)**

**Course Leader: Jean Hewitt; Fee: \$45**

Are you perplexed by the current controversy over LGBTQ2+ rights? Whether it be medical interventions, school curricula, or changing long-established pronouns, these issues can be confusing to those of us brought up in a world where gender seemed indisputable. Supported by weekly readings, we will examine current knowledge about gender and discuss why we may have to rethink what we learned as young people.

# DISCUSSION GROUPS continued

## HOT TOPICS IN THE NEWS

**12 MEMBERS MAXIMUM IN-PERSON (DINING ROOM)**

**Wednesdays 10:00-11:30 a.m.**

**April 23-May 28 (6 sessions)**

**Course Leader: George Cherian; Fee: \$45**

A weekly sampling of what's happening in our city, province, country, and the rest of the world. Topics can range from politics, racial issues, health care, education, history, arts and entertainment, sports, ethics to good deeds. What is of interest to you is of interest to us. Each participant, in turn, will bring in three items for the whole group to discuss.

## OH, THE PLACES WE'VE BEEN!

**12 MEMBERS MAXIMUM IN-PERSON (DRAKE ROOM)**

**Wednesdays 10:00-11:30 a.m.**

**April 23-May 28 (6 sessions)**

**Course Leader: Twyla Atchison; Fee: \$45**

Share your travel adventures! This is your chance to talk about a travel highlight of your life. Whether it's a hidden gem or a famous landmark, your journey has a story worth telling. Engage your audience with photos, fun facts, and personal insights. Take them on a virtual trip—excite, educate, and entertain with your travel tale!

## PRECIOUS POSSESSIONS

**12 MEMBERS MAXIMUM IN-PERSON (DINING ROOM)**

**Thursdays 9:30-11:30 a.m.**

**April 24-May 29 (6 sessions)**

**Course Leaders: Alison Greenhill and Susan Pepper  
Fee: \$45**

Do you have possessions that you feel have significance? Books, paintings, letters, jewelry, glassware, toys, tools, or textiles. What is the history of the item? Did you buy it or was it bequeathed to you? Does it have monetary, historical, or personal value? Come and share your treasures with the class.

## ARE YOU BEING SCAMMED?

**12 MEMBERS MAXIMUM IN-PERSON (DINING ROOM)**

**Thursdays 1:30-3:00 p.m.**

**April 24-May 29 (6 sessions)**

**Course Leader: Frank Kearney; Fee: \$45**

The *Little Black Book of Scams* is a nearly exhaustive review of scams in Canada—the scammers, the victims, and the scams. This discussion group will take a deep dive into the scams that the Canadian Anti-Fraud Centre identifies and lessen our chances of becoming victims.

# ACTIVITY GROUPS

## WALK THIS WAY

**13 MEMBERS MAXIMUM OFF-SITE**

**[Note: 1st session is in the Drake Room at Grosvenor Lodge]**

**Fridays 9:30-11:30 a.m.**

**April 25-June 13 (8 sessions)**

**Course Leader: Eleanor Rath; Fee: \$60**

Join us for some fresh air and exercise as we explore London's historic neighbourhoods. Participants will be partnered to host a walk along a set route. Each week's walk will feature a different neighbourhood where we'll learn about London's history, architecture, and colourful past. This Spring's activity will feature a variety of areas across the city, each with a story to tell.

# SOCIAL EVENTS

## 2025 ANNUAL MEETING

**Thursday, April 17, 1:00 p.m.**

**Siloam United Church**

**1240 Fanshawe Park Road East; No cost**

Join us at our annual meeting where you will be able to enjoy coffee and cookies as you chat with fellow SLR members, receive updates about the current operation of and future hopes for SLR, and elect the new Board of Directors. There will be ample opportunity to ask your questions and share your thoughts.

## BUS WINE TOUR OF LEAMINGTON, ONTARIO

**May 2025; Details T.B.A.**

Leamington is part of the Lake Erie North Shore wine region, home to numerous wineries offering a variety of wine tours and tasting. Experience award-winning wines and learn about sustainable winegrowing practices. One of the greatest joys of a wine tour is the opportunity to connect with the passionate people behind the wines while learning about their craft and understanding the terroir that shapes each bottle and adds depth to every sip. There's something magical about tasting a wine in the very place where it was created.

## FALL PROGRAM PREVIEW FUNFEST

**Friday, May 30, 1:30-3:00 p.m.**

See "Mark Your Calendars" for more Information

## JESUS CHRIST SUPERSTAR AT HURON COUNTRY PLAYHOUSE

**Tuesday, June 17, 2:00 p.m.**

**RR1 70689 B Line, Grand Bend: Cost: \$55**

Don't miss the opportunity to enjoy the thrilling rock opera that reinvented musical theatre for the modern age. *Jesus Christ Superstar* continues to touch new generations of audiences with its contemporary imagining of the biblical tale of fame, revolution, humility, and radicalism. The musical explores the personal relationships and struggles among Jesus, Judas, Mary Magdalene, and the Roman Empire.

## BASEBALL AT LABATT PARK

**July 2025; Details T.B.A.**

Baseball is one of our most popular summer sports in Canada. Join us on a summer evening in July to watch the London Majors team play at the world's oldest continually-operating baseball field. Enjoy a hot dog and a drink as you settle into your seat to cheer on the home team.

# Spring 2025

Got Questions?

phone: 519.438.3525

slrlondonontario@gmail.com

www.slrlondon.com

## INTEREST GROUPS

### **PHOTOGRAPHY CLUB with Jeff Keenor**

**20 MEMBERS MAXIMUM ONLINE**

**Meets first Tuesday of each month, October to June  
11:00 a.m.-1:00 p.m.**

**Fee: \$20 for Spring Term for new members of group**  
Open to anyone with a digital camera, any skill level.  
We share photographs, tips, and techniques so that all increase their enjoyment of photography.

### **LIVING MINDFULLY with Michael Johnson**

**25 MEMBERS MAXIMUM IN-PERSON (DINING AND HODDER ROOMS)**

**Meets Tuesdays 11:45 a.m.-1:15 p.m.**

**October 15 to June**

**Fee: \$20 for Spring Term for new members of group**  
Mindfulness Meditation increases our mental, emotional, physical, and spiritual balance. It can equip us to live calmly and peacefully, with greater curiosity about, acceptance of, and appreciation for the depth and richness of life. Participants in this group meditation practice will deepen meditation skills and practices to enhance their daily lives. Prerequisite: SLR's "Introduction to Mindfulness Meditation" OR equivalent prior meditation experience with course leader's approval.

### **FRIENDS OF THE HYLAND FILM DISCUSSION GROUP with Phyllis Brady, Peggy Matser, and Roslyn Money**

**50 MEMBERS MAXIMUM OFF-SITE - FULL**

**Meets 2nd Wednesday of the month, September through June, for first matinee of the day at the Hyland Cinema.**

**Fee: \$15 for 2024-2025 Year.**

Members must purchase their own cinema tickets, Hyland Membership Card (if desired), and refreshments. All group members will be emailed the name and start time of each month's film a week prior and must confirm attendance by the specified date. Confirmed attendees will meet for a post-film discussion at a nearby restaurant, where food and beverages may be purchased.

### **GINA BARBER SLR SINGERS with Susan Jones, Colleen & Mike Zadorsky**

**24 MEMBERS MAXIMUM IN-PERSON (DRAKE ROOM)**

**Meets Fridays, September to June, 11:45 a.m.-1:00 p.m.**

**Fee: \$20 for Spring Term for new members of group**

The SLR Gina Barber Singers, named for the group's founder, sing well-known songs for their own enjoyment and perform at various SLR and London community events. The size of the choir is unfortunately limited by the space available; however, there are some openings at the beginning of each term, and sometimes during the term. If you love to sing and can carry a tune, but no space is available, please join our waiting list and we will contact you when spaces open.

## MARK YOUR CALENDARS

### **SPRING REGISTRATION (ONLINE)**

**Opens 9 a.m., Friday, March 28th**

Continues until courses begin the week of April 21st.  
Courses are on a first-come/first-served basis

### **SPRING OPEN HOUSE AND IN-PERSON REGISTRATION (Grosvenor Lodge)**

**Tuesday, April 8th, 10:00-12:00 Noon**

### **BUS WINE TOUR OF LEAMINGTON, ONTARIO May 2025, Details T.B.A.**

### **FALL 2025 BROCHURE RELEASED (ONLINE)**

**Monday, June 2, 9 a.m.**

### **FALL PROGRAM PREVIEW FUNFEST**

**Friday, May 30, 1:30-3:00 p.m. (Doors open at 1:00; Presentations begin 1:30 sharp)**

**Siloam United Church, 1240 Fanshawe Park Road East**

Enjoy a lively and fun program with our course leaders describing their Fall offerings and entertainment by our

Ukulele and Choir members. It's a great way to get a real sense of all our Fall offerings while socializing, singing, and enjoying free refreshments. Open to all—members and prospective members. Don't forget to invite your friends!

### **FALL REGISTRATION OPENS (ONLINE)**

**Opens 5 p.m., Friday, May 30**

Continues until courses begin week of September 22nd

### **JESUS CHRIST SUPERSTAR AT HURON COUNTRY PLAYHOUSE**

**Tuesday, June 17-2:00 p.m.**

### **BASEBALL AT LABATT PARK**

**July 2025, Details T.B.A.**

### **FALL OPEN HOUSE AND IN-PERSON REGISTRATION**

**Tuesday, September 9, 10 – 12:00 Noon**

*"Keeping your brain stimulated and your spirit young"*

# REGISTRATION INFORMATION & POLICIES

**Registration for the Spring Term opens 9 a.m. March 28th ONLINE and continues until courses begin the week of April 21st.**

You can register for courses online by going to [www.slrlondon.com](http://www.slrlondon.com) or via regular mail.

- If unsure how to register online, go to the Help/ Zoom link on the website menu (home page, top right) to get the easy step-by-step instructions.
- Or, you can get a “buddy” (grandchild, neighbour, etc.) to do it for you. It’s easy and secure and likely guarantees you a spot in the course of your choice since courses are filled on a first-come/ first-served basis.

## MEMBERSHIP FEE

**New members only: members who paid their annual membership in the Fall or Winter, do NOT pay again).**

If you are new to SLR starting in the Spring Term, please remember to pay your pro-rated membership fee of **\$15**. Just select the Membership “product” on the website and add it to your cart in addition to your course selection(s) before checking out.

## PAYMENT OPTIONS

The website accepts credit cards (Visa and Mastercard) and some (not all) debit cards. As soon as you pay by credit or debit card you will get an automatic email notification.

You can also pay by **cheque**. First select your course(s), add your Membership Fee (if applicable), and proceed to checkout. After filling in your information, select the CHEQUE option (found just before the PLACE ORDER tab).

In the case of a cheque payment, you will receive a confirmation email which confirms your registration and will remind you to send a cheque asap, making it payable to SLR London. If not received within a reasonable amount of time, SLR reserves the right to cancel your registration.

Please mail your cheque to the address below. Once we have received it, you will be notified.

- **Note 1:** Registration is complete only when full payment has been received by SLR; cheques must be received before classes begin.
- **Note 2:** We are unable to process post-dated cheques. Please do not send cash through the mail.

## WAITING LISTS

If a course you want is **FULL**, you can add your name to a **Waiting List**. Sometimes openings become available prior to or in the first week. To join the waiting list, just click on our email link (under Mailing Address below) to send us a message. Be sure to tell us the **name of the course you want**.

## HOW TO CONTACT US:

SLR

Grosvenor Lodge  
1017 Western Road  
London, ON N6G 1G5  
519-438-3525

Email: [slrlondonontario@gmail.com](mailto:slrlondonontario@gmail.com)

Website: [www.slrlondon.com](http://www.slrlondon.com)

## REFUND POLICY

No refunds are issued for Annual Membership Fees.

If SLR cancels a program, a full refund is issued.

A full refund of fees, less a nominal \$5 administration fee, will be issued up to the second session of a course. Members who withdraw after the second week of term normally will not receive a refund.

Exceptions will be considered for medical or compassionate reasons.

**Note: For additional details on all our groups, please visit our website at [www.slrlondon.com](http://www.slrlondon.com)**

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