

STUDY GROUPS

Study Groups are 8 – 10 weeks, ~2 hours/session. Fees and maximum numbers vary. Classes may be in-person at Grosvenor Lodge in the Drake Room, online via Zoom, or a combination.

In Study Groups, each member researches a topic related to the general subject and shares their findings with the class.

HOW DO YOU CATCH A THIEF, A SCAMMER, A FRAUDSTER?

15 MEMBERS MAXIMUM IN PERSON; 4 MEMBERS ONLINE)

Mondays 1:30 - 3:30 p.m.

January 20 – March 31 (10 sessions; no class February 17, Family Day)

Course Leader: Burton Moon; Fee: \$70

Some are caught and convicted. For this study group, pick a crime, put on your detective hat and share how the case was solved. What lengths did law enforcement have to go to in order to find out who, what, and how a crime was committed? How was the culprit caught?

Possible Topics: *Can be found in Wikipedia: list of fraudsters, sting operations, computer or accounting forensics, crime mapping, polygraphs, investigative interviewing. You Tube has a number of documentaries.*

THE ROARING TWENTIES

15 MEMBERS MAXIMUM IN PERSON

Tuesdays 1:30 - 3:30 p.m.

January 28 - March 18 (8 Sessions)

Course Leaders: Brenda McQuaid and Sheila Wawanash; Fee: \$60

The social and cultural period known as the post-WW1 Roaring Twenties was a time of economic growth and widespread prosperity with new technologies such as automobiles, moving pictures, and radio. Major changes occurred in fashion, art and leisure. There are so many interesting social changes from that time, many that parallel other decades such as the decadent 1980's. What interesting aspect would you explore?

Possible Topics: *Impacts of Prohibition, immigration issues, employment for women, women's suffrage; the lost generation; development of mass production across industries; influences of radio, cinema, art deco, and expressionism; emergence of literary greats (Hemingway, Fitzgerald, Stein), and recording artists.*

SECRET SOCIETIES

19 MEMBERS MAXIMUM IN PERSON

Wednesdays 9:30 - 11:30 a.m.

January 22 - March 26 (10 Sessions)

Course Leader: Lydia Keras; Fee: \$70

Secret societies inspire curiosity, fascination and distrust. They have been around since ancient times, and many still exist today. They may look like seditious organizations, or even criminal groups, but they may also be viewed as agencies for mutual aid, brotherhood, or good works. Wouldn't you like to unveil some of their secrets, learn why they started and what they accomplished?

Possible Topics: *Freemasons, Ku Klux Klan, Bilderberg Group, Skull and Bones Society, Black Hand, Opus Dei,*

Knights Templar, Illuminati, Orange Order, Odd Fellows, etc.

WORLD LEADERS: POWER, POLITICS, AND GLOBAL IMPACT

15 MEMBERS MAXIMUM IN-PERSON; 4 MEMBERS ONLINE

Thursdays 9:30 - 11:30 a.m.

January 23 - March 27 (10 sessions)

Course Leaders: Jeff Keenor and Lynne Zarbatany; Fee: \$70

The world's most influential leaders, past and present, have had a profound impact on global history, politics, and society. Within the context of their respective historical, cultural, and geopolitical environments, we will see how their leadership influenced global events such as wars, revolutions, social movements, and economic transformations. From Julius Caesar to Xi Jinping, we will critically assess leaders' successes, challenges, and ethical dilemmas.

Possible Topics: *Nelson Mandela, Winston Churchill, Golda Meir, Mahatma Ghandi, Julius Caesar, Franklin D. Roosevelt, Angela Merkle, Mao Zedong, Catherine the Great, Vladimir Putin, Cleopatra VII, Abraham Lincoln, Margaret Thatcher, Charles de Gaulle, Mustafa Ataturk, Adolf Hitler, Sir John A. MacDonald, Elizabeth I, etc.*

MURDER MYSTERY SERIES

19 MEMBERS MAXIMUM IN-PERSON

Thursdays 1:30 - 3:30 p.m.

January 23 - March 27 (10 sessions)

Course Leaders: Cheryl Stephenson and Tom Moore; Fee: \$70

What is it about a good mystery series that makes you commit to multiple novels, dozens of murders, and thousands of pages? Could it be the comforting blend of familiarity and intrigue? What genre is your favourite: the traditional whodunit, police procedurals, espionage or psychological suspense? Is it the character, setting, or time period that fascinates you? Don't keep us in suspense, share your favourite.

Possible Topics: *Agatha Christie's Miss Marple or Poirot, Sherlock Holmes, Michael Connelly's Harry Bosch, Louise Penny's Inspector Gamache, Tana French's Dublin Murder Series, Ellis Peter's Cadfael, Patricia Cornwell's Kay Scarpetta, Jo Nesbo's Harry Hole, Barbara Hambly's Benjamin January, Ian Rankin's John Rebus, etc.*

INDIGENOUS ART AROUND THE WORLD

15 MEMBERS MAXIMUM IN PERSON

Fridays 9:30 - 11:30 a.m.

January 24 - March 14 (8 Sessions)

Course Leaders: Terri Lyons and Lynn Hamilton; Fee: \$60

Join us for an exciting exploration of Indigenous art across the globe! We'll delve into various cultures' rich traditions and contemporary expressions, from Native American beadwork to Aboriginal dot painting.

STUDY GROUPS *continued*

Discover how art reflects history, identity, and community, and learn about the evolving practices of Indigenous artists today. You'll gain a deeper appreciation for the creativity and resilience embedded in these works through lively discussions and individual presentations.

Possible Topics: *How art expresses cultural beliefs and community identity; traditional methods and natural materials used in various regions such as Native American, Aboriginal Australian, Indigenous Canadian, Pacific Islander, or African Indigenous art; role of art in rituals and spiritual practices; how Indigenous artists use art to address social and political issues, etc.*

DISCUSSION GROUPS (In-Person & Online)

Number of sessions, maximum numbers and fees vary, as well as whether online or in-person. In-person classes are held in specified rooms at Grosvenor Lodge or off-site; online classes on Zoom. Members explore weekly topics to ensure meaningful discussion.

UNDERSTANDING GLOBAL POPULATION CHALLENGES

12 MEMBERS MAXIMUM IN PERSON (DINING ROOM)

Mondays 10:00 - 11:30 a.m.

January 20 - March 3 (6 sessions; no class February 17, Family Day)

Course leader: Lynn Hamilton; Fee \$45

War, poverty, crime and climate change are causing a mass migration of people around the globe. Explore the complexities of global population dynamics, delving into the intricacies of growth, distribution, and diverse characteristics shaping our world. Explore the demographics, benefits, problems, stress on resources, and the impact of mass migration on host cultures.

HOT TOPICS IN THE NEWS

Members may register for either or both of Section 1 and Section 2.

SECTION 1

12 MEMBERS MAXIMUM ONLINE

Mondays 10:00 - 11:30 a.m.

January 20 - February 24 (5 sessions; no class February 17, Family Day)

Course Leader: Brian Henderson; Fee: \$35

SECTION 2

12 MEMBERS MAXIMUM ONLINE

Mondays 10:00 - 11:30 a.m.

March 3 - March 31 (5 sessions)

Course Leader: Brian Henderson; Fee: \$35

A weekly sampling of what's happening in our city, province, country, and the rest of the world. Topics can range from politics, racial issues, health care, education, history, arts and entertainment, ethics or good deeds. What is of interest to you, is of interest to us. Each participant, in turn, will bring in two items for the whole group to discuss

CANADA'S NATIONAL FILM BOARD

12 MEMBERS MAXIMUM ONLINE

Tuesdays 9:30 - 11:30 a.m.

February 11 - March 18 (6 sessions)

Course Leaders: Diana Lloyd and Jean Surry; Fee: \$45

The National Film Board supports talented, multi-award-winning filmmakers whose mandate is "to interpret Canada to Canadians and to other nations." Let's delve into this overview of our nation. Together, we will choose a weekly theme, then select some short (< 30 minutes) relevant documentaries.

We will watch them independently, before class, to prepare for discussion. Come Zoom with us to explore this extraordinary Canadian treasure.

Possible Topics: *History, The 60's, people, creative artists, architecture, parks, plants or animals, climate, animations, Oscar winners, etc.*

THE NON-FICTION BOOK CLUB

12 MEMBERS MAXIMUM ONLINE

Wednesdays 11:45 a.m. - 1:15 p.m.

January 29, February 5 and 19, March 5 and 19 (5 sessions)

Course Leader: Helen Olmstead; Fee: \$35

Do you like to discuss thought-provoking ideas presented in non-fiction? Then the Non-Fiction Book Club is for you. In mid-December participants will choose 4 titles from a possible 10 listed on the SLR website. The group will discuss one of these books each meeting, with one participant providing a short author biography and another leading the discussion. Where the discussion goes - anyone's guess!

THE FASCINATION OF LANGUAGE

12 MEMBERS MAXIMUM IN-PERSON (DINING ROOM)

Tuesdays 1:30 - 3:30 p.m.

January 21 - February 18 (5 sessions)

Course Leaders: Denise Ritchie and Brenda Hutton; Fee: \$35

Language is the principal method by which humans communicate. It is something learned from birth that is central to all our interactions. It can be considered the carrier of culture and a means of identity for a particular ethnic group. There are thousands of different languages globally and many more regional dialects and accents within individual countries. Language is constantly evolving. Come and discuss this complex but fascinating subject.

Possible Topics: *Ancestry of language, the diversification of language globally, the factors that trigger the evolution of language, language barriers, learning a second language, therapies for enhancing language, the meaningful babble of babies, the latest "lingo" and jargons, the effect of technology on both written and spoken language, etc.*

Winter 2025

Got Questions?
phone: 519.438.3525
slrlondonontario@gmail.com
www.slrlondon.com

DISCUSSION GROUPS continued

UNVEILING CANADA'S CLIMATE HEROES

12 MEMBERS MAXIMUM IN-PERSON (DINING ROOM)

Wednesdays 1:30 - 3:00 p.m.

January 22 - February 26 (6 sessions)

Course Leader: Diane Szoller; Fee: \$45

The Canada Clean 50 Awards recognize leaders in sustainability and clean capitalism. Winners are selected based on their contributions to sustainability, innovation, and reducing environmental impact. Participants will choose favourite winners from the many awardees and tell us about their accomplishments.

Possible Topics: Search clean50.com/honourees.

LET'S GET HEALTHY

12 MEMBERS MAXIMUM IN-PERSON (DINING ROOM)

Thursdays 9:30 - 11:30 a.m.

January 23 - February 20 (5 sessions)

Course Leaders: Phil Waller and Anne Jaikaran;

Fee: \$35

How can we stay fit and active during our senior years? We will explore the components of a healthy lifestyle, including diet, exercise, social interaction, ways to keep our brains active, meditation and spirituality.

What does current research tell us? What methods do you use to stay healthy? Join us to discuss ways to incorporate healthier practices into our daily lifestyle.

TALKIN' ABOUT THE GENERATIONS

12 MEMBERS MAXIMUM IN-PERSON (DINING ROOM)

Thursday 11:45 a.m. - 1:15 p.m.

January 23 - March 13 (8 sessions)

Course Leaders: Lisa Darling and Phyllis Brady;

Fee: \$60

People have been categorized into generations based on their birth year from the Greatest Generation (1901-1927) to the current Gen Alpha (2010 - present). Who are the people in these generations and all those in between? Let's discuss what makes the generations unique from one another. What are the stereotypes, challenges and the influence the generations have had on our past and could have on our future?

ACTIVITY GROUPS

PRESENTATION WORKSHOPS (Drake Room)

Workshop Leader: Lydia Keras; No Fee

These one-session workshops, offered in person, are free and open to all. Sign up for all three or pick just one.

1. Making a Study Group Presentation (Thursday, January 9, 1:30 - 3:00 p.m.)

This workshop is designed to take all the worry out of making a Study Group presentation. All are welcome - newcomers and current members - who want to improve your presentations, from researching to preparing and presenting your topic.

2. Introduction to PowerPoint (Tuesday, January 14, 1:30 - 3:00 p.m.)

This workshop will help you get started with making a presentation using PowerPoint.

3. Advanced PowerPoint (Thursday, January 16, 1:30 - 3:00 p.m.)

For those already familiar with PowerPoint, this workshop will show you how to improve the design of your slides, add animations, links to videos or websites, and insert tables, graphs and SmartArt, as well as how to use features such as creating slides from an outline, using Notes pages, and creating handouts.

ART WITH COLOURED PENCILS

12 MEMBERS MAXIMUM ONLINE

Mondays 1:30 - 3:30 p.m.

January 20 - March 3 (6 sessions, no class February 17, Family Day)

Course Leader: Janet Johnson; Fee: \$45

Using coloured pencils is inexpensive, portable and uncomplicated. Pencils are used in serious artwork (i.e., botanical illustration and fine art). You will learn basic mark making, choosing your subject, colour blending, and transferring your image to paper. A list of inexpensive materials (paper and pencils) will be sent. Open to new members and to those who have taken the course previously. Drawing skills aren't necessary.

"Keeping your brain stimulated and your spirit young"

INTEREST GROUPS

PHOTOGRAPHY CLUB with Jeff Keenor

20 MEMBERS MAXIMUM ONLINE

Meets first Tuesday of each month, October through June

11:00 a.m. - 1:00 p.m.

Fee: \$30 for 2024 - 2025 Year

Open to anyone with a digital camera, any skill level. We share photographs, tips, and techniques so that all increase their enjoyment of photography.

LIVING MINDFULLY with Michael Johnson

25 MEMBERS MAXIMUM IN-PERSON (DINING & HODDER ROOMS)

Meets Tuesdays 11:45 a.m. - 1:15 p.m.

October 15 to June

Fee: \$30 for 2024 - 2025 Year

Mindfulness Meditation increases our mental, emotional, physical, and spiritual balance. It can equip us to live calmly and peacefully, with greater curiosity about, acceptance of, and appreciation for the depth and richness of life. Participants in this group meditation practice will deepen meditation skills and practices to enhance their daily lives.

Prerequisite: SLR's "Introduction to Mindfulness Meditation" OR equivalent prior meditation experience with course leader's approval.

FRIENDS OF THE HYLAND FILM DISCUSSION

GROUP with Phyllis Brady, Peggy Matser and Roslyn Money

50 MEMBERS MAXIMUM OFF-SITE

Meets 2nd Wednesday of the month, September through June, for first matinee of the day at the Hyland Cinema

Fee: \$15 for 2024-2025 Year

Members must purchase their own cinema tickets, Hyland Membership Card (if desired), and refreshments. All group members will be emailed the name and start time of each month's film a week prior and must confirm attendance by the specified date. Confirmed attendees will meet for a post-film discussion at a nearby restaurant, where food and beverages may be purchased. **NOTE: Due to space limitations at the current meeting place, only 25 individuals can attend the discussion. Please bear with us as we search for a larger location.**

FULL

CONTINUING ART WITH PENCILS with Janet Johnson (Coach House)

Last Wednesday of the month, January 29, February 26, March 26

1:30-3:30 p.m.

Fee: \$10

This Interest Group is for those who have previously completed Art with Pencils. During our three sessions, we will further develop skills with coloured pencils and explore the use of other media.

GINA BARBER SLR SINGERS with Susan Jones, Colleen & Mike Zadorsky

30 MEMBERS MAXIMUM IN-PERSON (DRAKE ROOM)

Meets Fridays, 11:45 a.m. - 1:00 p.m.

September 27 to Mid-June

Fee: \$30 for 2024-2025 Year

The SLR Gina Barber Singers, named for the group's founder, sing well-known songs for their own enjoyment and perform at various SLR and London community events. The size of the choir is unfortunately limited by the space available; however, there are some openings at the beginning of each term, and sometimes during the term. If you love to sing and can carry a tune, but no space is available, please join our waiting list and we will contact you when spaces open.

THE SLUGS (Ukulele Group) with Jacqui Griffin

20 MEMBERS MAXIMUM IN-PERSON (COACH HOUSE)

Meets Fridays, 1:15 - 3:15 p.m.

September to June

Fee: \$30 for 2024 - 2025 Year

The SLUGS will meet on Fridays inside or outside the Coach House. Our focus is to have fun practicing our skills and polishing up the songs we have learned. New songs will be introduced, and we will continue to develop our musical and performing skills.

FULL

COMPUTER CLINIC with Western Students

Coordinators: Jean Surry and Phyllis Brady

Dates TBD: Weekly in February and March

Fee: Free with SLR membership

Here's a great opportunity to expand your IT skills. Western student volunteers are matched with SLR members to provide one-on-one assistance with your laptop, tablet or smartphone and answer your techie questions. For more information, please contact slr.computer.clinic@gmail.com.

Winter 2025

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SOCIAL EVENTS

WINTER 2025 PROGRAM PREVIEW FUNFEST

Friday, November 22, 1:30 – 3:00 p.m. (Doors open at 1:00; Presentations begin 1:30 sharp)
Siloam United Church, 1240 Fanshawe Park Road East

Registration opens at 5 p.m. **ONLINE**

Enjoy a lively and fun program with our course leaders describing their winter offerings along with entertainment by our Ukulele and Singing members. It's a great way to get a real sense of all our Winter offerings while socializing, singing, and enjoying free refreshments. Open to all – members and prospective members. Bring your friends!

FESTIVE BANQUET

Thursday, December 5, 12:00 noon
Goodwill Community Hall, 3rd Floor
255 Horton Street East, (corner Horton and Wellington)

Parking onsite; Cost: \$45

This annual SLR gathering has found a new home. The Goodwill Banquet Hall on the third floor is where we will gather for one of our favourite dining events of the year. The hall, a modern space with amazing windows and natural light, is elevator accessible. Enjoy the warmth of friendship and the pleasure of good food with fellow SLR members and their guests as we share stories and laughter over our experiences during the Fall terms and our possibilities for the Winter term.

FOUNDERS' DAY LUNCHEON

Friday, February 14, 12:00 Noon
Goodwill Community Hall, 3rd Floor
255 Horton Street East (corner Horton and Wellington)

Parking onsite

Guest Speaker: TBA; Cost: \$48

We will celebrate our 31st year in the sun-filled dining space at Goodwill where we will enjoy a delicious three-course lunch. Ending the gathering will be a surprise guest speaker. Take this opportunity to mingle with SLR friends as you share stories and good fun, and enjoy a warm sunny respite from the winter weather.

SALSA EVENING AT GROSVENOR LODGE

Wednesday March 19, 7:00 - 9:00 p.m.

No Cost.

Do you have a favourite home-made Salsa recipe? This Salsa evening is your opportunity to compete against fellow SLR Salsa chefs in choosing the most delicious option. Plate up your dish, serve with crackers, and compete for the prize-winning entry. At the end of the evening a Salsa dance instructor will teach us the Salsa dance moves.

MARK YOUR CALENDARS

WINTER 2025 PROGRAM PREVIEW FUNFEST

Friday, November 22 (doors open at 1; Preview begins 1:30 sharp)
Siloam United Church, 1240 Fanshawe Park Road East

WINTER 2025 REGISTRATION (ONLINE)

Opens 5 p.m., Friday, November, 22
Continues until courses begin the week of January 20th.
Courses are on a first-come/first-served basis

FESTIVE BANQUET

Thursday, December 5, 12:00 noon
Goodwill Community Hall, 255 Horton Street East

WINTER OPEN HOUSE AND IN-PERSON REGISTRATION (Grosvenor Lodge)

Tuesday, January 7, 10:00 – 12:00 Noon
This is your only opportunity to talk with course leaders and to register in person before Winter classes begin. At 10:30 a short information session will be presented for prospective and current members who would like an overview of SLR. All are welcome. Bring your friends!

PRESENTATION WORKSHOPS (Drake Room)

1. **Making a Study Group Presentation** (Thursday, January 9, 1:30 - 3:00 p.m.)
2. **Introduction to PowerPoint** (Tuesday, January 14, 1:30 - 3:00 p.m.)
3. **Advanced PowerPoint** (Thursday, January 16, 1:30 - 3:00 p.m.)

FOUNDERS' DAY LUNCHEON

Friday, February 14, 12:00 Noon

FAMILY DAY HOLIDAY (No Classes)

Monday, February 17

SALSA EVENING AT GROSVENOR LODGE

Wednesday March 19, 7:00 - 9:00 p.m.

SPRING 2025 BROCHURE RELEASED (ONLINE)

Monday, March 24, 9 a.m.

SPRING REGISTRATION OPENS (ONLINE)

Friday, March 28, 9 a.m.

SPRING OPEN HOUSE AND IN-PERSON REGISTRATION

Thursday, April 3, 10 – 12:00 Noon

Note: For additional details on all our groups, please visit our website at www.slrlondon.com

REGISTRATION INFORMATION & POLICIES

Registration for the Winter term opens at 5 p.m., Friday, November 22nd ONLINE and continues until courses begin, the week of January 20th.

You can register for courses online by going to www.slrlondon.com or via regular mail.

- If unsure how to register online, go to the Help/ Zoom link on the website menu (home page, top right) to get the easy step-by-step instructions.
- Or, you can get a “buddy” (grandchild, neighbour, etc.) to do it for you. It’s easy and secure and likely guarantees you a spot in the course of your choice since courses are filled on a first-come/ first-served basis.

MEMBERSHIP FEE

New members only: members who paid their annual membership in the Fall, do NOT pay again).

If you are new to SLR starting in the Winter term, please remember to pay your pro-rated membership fee of \$20. Just select the Membership “product” on the website and add it to your cart in addition to your course selection(s) before checking out.

PAYMENT OPTIONS

The website accepts credit cards (Visa and Mastercard) and some (not all) debit cards. As soon as you pay by credit or debit card you will get an automatic email notification.

You can also pay by **cheque**. First select your course(s), add your Membership Fee (if applicable), and proceed to checkout. After filling in your information, select the CHEQUE option (found just before the PLACE ORDER tab).

In the case of a cheque payment, you will receive a confirmation email which confirms your registration and will remind you to send a cheque asap making it payable to SLR London. If not received within a reasonable amount of time, SLR reserves the right to cancel your registration.

Please mail your cheque to the address below. Once we have received it, you will be notified.

- **Note 1:** Registration is complete only when full payment has been received by SLR; cheques must be received before classes begin.
- **Note 2:** We are unable to process post-dated cheques. Please do not send cash through the mail.

WAITING LISTS:

If a course you want is **FULL**, you can add your name to a **Waiting List**. Sometimes openings become available prior to or in the first week of classes. To join the waiting list, just click on our email link (under Mailing Address below) to send us a message. Be sure to tell us the **name of the course you want**.

HOW TO CONTACT US:

SLR

Grosvenor Lodge
1017 Western Road
London, ON N6G 1G5
519-438-3525

Email: slrlondonontario@gmail.com

Website: www.slrlondon.com

REFUND POLICY

No refunds are issued for Annual Membership Fees.

If SLR cancels a program, a full refund is issued.

A full refund of fees, less a nominal \$5 administration fee, will be issued up to the second session of a course. Members who withdraw after the second week of term normally will not receive a refund.

Exceptions will be considered for medical or compassionate reasons.