

November 1 2024



World Freedom Day 2024 will be observed on Saturday, November 9th. It's a chance to pause and think about how far we've come in the fight for freedom while also looking at the work that still needs to be done in many parts of the world.

World Freedom Day is a global observance that commemorates the fall of the Berlin Wall and celebrates the principles of freedom, democracy, and human rights. This significant day serves as a reminder of the importance of upholding and promoting freedom, both individually and collectively, and acknowledges the struggles and triumphs of those who have fought for liberty and justice.



Remembrance Day is commemorated on November 11th each year and marks the end of World War I in 1918. It may also be commonly known as **Armistice Day**. On Remembrance Day, Canadians pause to honour the men and women who have served and continue to serve Canada during times of war, conflict, and peace. More than 2,300,000 Canadians have served and more than 118,000 made the ultimate sacrifice. The poppy is the symbol of Remembrance Day.



Established in 1991 by the International Diabetes Federation with support from WHO in response to growing concerns about the health and economic threat posed by diabetes, **World Diabetes Day** became an official UN day in 2006.

WHAT'S COMING UP ON SLR'S CALENDAR



Our **Fall Computer Clinics** started the week of **October 28th**. They are held on **Wednesdays from 2 to 3 pm**; and **on Fridays from 12 to 1 pm**, in the Coach House until the end of November. Please note that there will be **NO** clinic on November 22nd. For an individual appointment please contact

SLR.Computer.Clinic@gmail.com (not the SLR office address, please).

Provide a brief description of your technical problem, and what device (brand and vintage) you will be using at the Clinic. Indicate your preferred date, with a second choice. *Jean Surry*



Calling All Seniors!

Winter 2025 Program Preview Funfest will be held Friday, November 22nd, 1:30 – 3:00 p.m. (Doors open at 1:00; Presentations begin 1:30 sharp.) Siloam United Church, 1240 Fanshawe Park Road East Registration opens at 5 p.m. **online**

Enjoy a lively and fun-filled program with our course leaders describing their winter offerings, entertainment by our Ukulele and Singing members, and more! It's a great way to get a real sense of all our Winter offerings while socializing, singing, and enjoying free coffee and cookies. Open to all – members and prospective members.



SLR FESTIVE BANQUET 2024.

The holidays are fast approaching! Our Festive Banquet will take place Thursday, December 5, 2024 12:00 pm. Tickets \$45 per person

MENU

Crostini Board and Chef's Dips
Roast Chicken, Roast Potatoes and Vegetables
Rolls and Butter Assorted Desserts Coffee and Tea
Red and White wine will be available for purchase \$5.00 per glass - cash only
Please join us at Goodwill Community Hall, 255 Horton St E, London, ample parking (Corner of Horton and Wellington Streets)

Click on the link below to buy tickets:
<https://srlondon.com/product/festive-banquet>



WINTER OPEN HOUSE AND IN-PERSON REGISTRATION (Grosvenor Lodge) Tuesday, January 7, 10:00 – 12:00 Noon
Come and check us out and talk to our leaders of the Winter courses. We'll have refreshments and an information session to explain our history and how we operate.

How to Give a Good Presentation?



PRESENTATION WORKSHOPS (Drake Room)

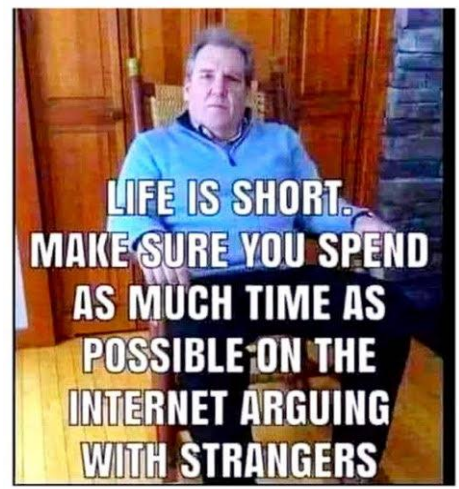
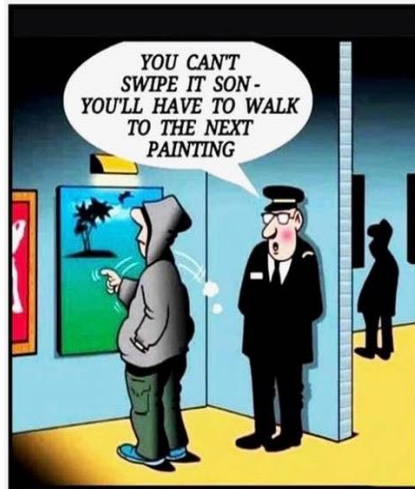
1. Making a Study Group Presentation (Thursday, January 9, 1:30 - 3:00 p.m.)
2. Introduction to PowerPoint (Tuesday, January 14, 1:30 - 3:00 p.m.)
3. Advanced PowerPoint (Thursday, January 16, 1:30 - 3:00 p.m.)

SLR COFFEE SOCIALS



Please join us and connect with other members of SLR. There is no set topic just sharing of ideas, events and experiences
Coffee Chat schedule for the rest of 2024: Sat Nov 2
Friday Nov 8 Sat Nov 16 Sat Nov 23 Friday Nov 29
Sat Dec 7 Friday Dec 13 Sat Dec 21 Fri Dec 27

LAUGHTER IS THE BEST MEDICINE



ANSWERS TO PREVIOUS RIDDLES

Autumn leaves and bad bowlers wreak havoc on this. **GUTTER**

What has been used to fix a jack-o-lantern? **A PUMPKIN PATCH**

Overflowing with plenty, a horn of delight, Bringing flavors of autumn into sight. From squash to nuts, what's in our sight? **CORNUCOPIA.**

NEW RIDDLES

Slayer of regrets, old and new, sought by many, found by few. What am I?

I Start with M, end with X and have never ending amount of letters. What am I?

Every two weeks, a woman sits down and writes two words on 60 sheets of paper. Why does she do this?



The conclusion of this seasonal time change, often called "fall back," will see the clocks roll one hour back while most Canadians are asleep on Sunday, Nov. 3. The practice, however, has long been steeped in debate, and some provinces have recently considered abolishing it.