

Staying Connected

December 16, 2023



"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us."

Once again, SLR has managed to thrive and grow in our mission: "To promote active minds by providing opportunities for people to engage in active learning and to share their experiences and knowledge. Study Groups, Discussion groups, Activity groups and Interest groups provided our members with excellent choices for ongoing learning. Social events added more fun and friendship to make 2023 a great year for SLR members.

Notices for Members of SLR



Coffee Socials schedule

Last coffee chat before the New year, Saturday Dec 23 - 10 am
Come join us and enjoy the laughter, opinions and facts shared by your peers in SLR



Holiday Celebrations - About 100 members and guests enjoyed the Festive Banquet at the Highland Golf and Country Club on December 8th, with entertainment provided by the SLUGS, and by the Gina Barber Singers. As always, the food was delicious and the service impeccable.

This is a recent email received from MISSION SERVICES LONDON (Phyllis Brady kindly delivered the donations from our Festive Lunch to them.)-Peggy Matser.

Grounded in Faith. Motivated by Love. Moved by Compassion.

Good afternoon, Phyllis:

I would like to take this opportunity to thank the Seniors Learning in Retirement for their kindness and thoughtfulness bringing the much-needed supplies for our participants at Men's Mission. It is very challenging this time of year to help

accommodate people in need when we are so full. However, having these supplies allow us to help people who come to our window to keep warm out in the elements. It also allows us to provide for our participants whom are in shelter.

Thank you for your ongoing kindness, it is appreciated.

Kindest regards,

Mary-Jo



Best Wishes to our members who will celebrate their Birthday in December 2023.

“December born, strong and resilient, like the winter solstice.”

SAVE THE DATE: 2024

COURSE LEADERS’ WORKSHOP (Online)

Friday, January 12, 1:00 – 3:00 p.m.

WINTER COURSES start the week of January 22. If you haven’t already done so don’t forget to sign up for one or more of the enticing course offerings

CELEBRATING OUR VOLUNTEERS

AS A MEMBER-RUN ORGANIZATION, SLR relies totally on the ideas, skills, and donated time of our VOLUNTEERS to help us grow and flourish. Because volunteers are essential to SLR, one of the strategies in the 2019-2013 Strategic Plan was to create a volunteer management plan. Including articles in the SLR newsletter is one of the ways the Board is emphasizing the importance of individual contributions to SLR. This month we are recognizing –



Susan Pepper

Susan Pepper has been an SLR member for ten years. Before retiring, she was a faculty member in Psychology and a university administrator at Western. At SLR, she appreciates the opportunity to research new topics or delve more deeply into familiar ones and to share what she has learned with her peers. The opportunity to interact with and learn from so many interesting, engaged people is an equally important attraction of SLR. As a member, and currently the chair, of the Green Curriculum Committee, Susan has helped to develop many of the study groups, discussions, and activities that SLR offers

each term. As an SLR volunteer and an appreciative participant in many courses, Susan is glad to be part of the SLR community.



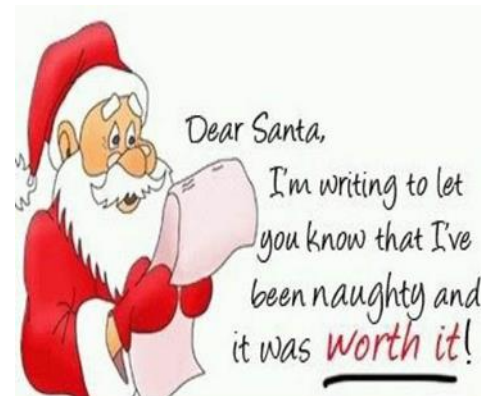
Jeff Keenor

It was about 20 years ago that a friend told me about SLR, thought that it sounded interesting, and the rest, as they say, is history.

Over the years I have served as a Director, Treasurer, and President, and also worked on many permanent and ad hoc committees.

I get a great deal of pleasure attending study groups and often lead one. I typically choose a course where I know very little about the subject, learning not only from researching a subject, but also from the other study group members. Similarly, I enjoy Discussion groups and also often lead one. I have led the Photography Club for quite a few years. One thing that I have learned is the importance of keeping the brain active as we get older, and SLR certainly does that for me. As a bonus, along the way I have met many interesting people who have helped in keeping my brain active, and I have made many friends. The learning and volunteering, and the people of SLR, are a significant factor in the quality of my life in retirement.

LAUGHTER IS THE BEST MEDICINE





BRAIN TEASERS

Answers for previous Teasers

Before Mt. Everest was discovered, which was the highest mountain in the World?

Mt Everest

2. What can you hold without using your hands? **Your Breath**

3. The more you take, the more you leave behind. What are they? **Foot Steps**

New teasers

1. How many times does the letter 'f' appear in this statement?

Fanny Filinger was of the impressions that eighty-six years of history show that scientific research is of the utmost importance in every case of future generations.

2. What is the third hand on a clock called?

3. What do you call ten Arctic hares hopping backwards through the snow together?



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