

STUDY GROUPS

Study Groups are 8–10 weeks, ~2 hours/session. Fees and maximum numbers vary. Classes may be in-person at Grosvenor Lodge in the Drake Room, online via Zoom, or a combination.

In Study Groups, each member researches a topic related to the general subject and shares their findings with the class. Format: 25–30 minute presentations followed by 15–20 minute discussions.

ENCORE

15 MEMBERS MAXIMUM IN-PERSON

Mondays 1:30 – 3:30 p.m.

April 17 - June 12 (8 sessions – no class May 22, Victoria Day)

Course Leader: Patricia Robinson

Fee: \$55

This is your opportunity to inform and entertain our group with a topic that you have presented previously. Choose one of your favourites to share with a new and enthusiastic audience; or, if you prepared a presentation prior to the COVID epidemic that you have not had an opportunity to share yet, we would welcome you and your presentation in this course.

SCOUNDRELS AND SCALLYWAGS

11 MEMBERS MAXIMUM IN-PERSON; 4 ONLINE

Tuesdays 1:30 - 3:30 p.m.

April 18 – June 6 (8 sessions)

Course Leader: Burton Moon; Zoom Host TBA

Fee: \$55

Scoundrels, scallywags, con artists, confidence men, imposters, fraudsters, forgers – by whatever name, there are people using deception, lies, cheating, and trickery for their own benefit, and usually at the expense of others. Choose your scam – modern, historical, or in literature. Ponzi up to this study group. We will be scheming!

Possible Topics: Many lists on Wikipedia under categories such as con artists (Anna Sorokin), false identity (Grey Owl), forgers (Frank Abagnale), fictional imposters (Don Draper), Ponzi schemes (Charles Ponzi)

CELEBRATING CANADIAN AUTHORS

15 MEMBERS MAXIMUM IN-PERSON

Thursdays 1:30 - 3:30 p.m.

April 20 - June 8 (8 sessions)

Course Leader: Jane Skinner

Fee: \$55

Canada has a rich tradition of outstanding writers in all genres. Join us to celebrate diversity of Canadian literature: literary fiction, poetry, mystery, science fiction, short stories, children's literature and indigenous authors! Tell us about one of your favourites and why you admire their work.

Possible topics: Alice Munro, Lucy Maud Montgomery, Susanna Moodie, Pierre Berton, Margaret Laurence, Lawrence Hill, Margaret Atwood, Rohinton Mistry, Emma Donoghue, Joan Barfoot, James Reaney, Bonnie Burnard, Stephen Leacock, Stuart McLean, Kathleen Pearson, Yann Martel, Miriam Toews, Joseph Boyden, Mordecai Richler, Robert Munsch, Michael Ondaatje, Leonard Cohen, Farley Mowat, Carol Shields, Eden Robinson, Tomson Highway, Richard Wagamese, Gabrielle Roy.

ICONIC WOMEN

15 MEMBERS MAXIMUM IN-PERSON

Fridays 9:30 - 11:30 a.m.

April 21 - June 9 (8 sessions)

Course Leader: Jean Surry

Fee: \$55

Our history often does not reflect the accomplishments of women. Please join us to celebrate the contributions of some of the world's most accomplished, beloved, important and/or powerful woman.

Possible Topics: Maya Angelou (poet), Frida Kahlo (artist), Queen Victoria, Judy LaMarsh (politician), Ada Lovelace (mathematician), Margaret Laurence (author), Ruth Bader Ginsberg (U.S. Supreme Court Justice), Marilyn Monroe (actress), Janaki Ammal (botanist), Adrienne Clarkson (journalist/Governor General), Golda Meir (Prime Minister of Israel), Viola Desmond (Canadian civil rights activist), Chien-Shiung Wu (physicist), Nellie McClung (social activist), Vera Rubin (astronomer), or any other accomplished woman past or present.

DISCUSSION GROUPS (In-Person & Online)

Number of sessions, maximum numbers, and fees vary, as well as whether online or in-person. In-person classes are held in specified rooms at Grosvenor Lodge; online classes on Zoom.

LET'S TALK ABOUT PETS

12 MEMBERS MAXIMUM IN-PERSON (Drake Room)

Mondays 11:45 a.m. - 1:15 p.m.

April 17 - May 8 (4 sessions)

Course Leader: Jo-Ann Muchan

Fee: \$30

Many of us love pets and we each have stories of how very special they are to us. At the societal level, our relationship with our pets is a big business with broad implications that affect decisions on how vast resources are used and directed. Take this opportunity to discuss and explore the upside and/or downside of our pet relationships.

Possible Topics: Veterinarian costs; financial, time and social commitments of pet ownership; pet food industry; saying good-bye; pet insurance; companionship, exercise buddy and cure for loneliness; service animals; allergies to pets; house training and behavioural issues; weird pets.

TED TALKS ON POPULATION MIGRATION

12 MEMBERS MAXIMUM ONLINE

Mondays, 1:30 - 3:30 p.m. (5 sessions)

April 17 - May 15 (5 sessions)

Course Leader: Brian Glasspoole

Fee: \$35

War, crime, political unrest, famine, and natural disasters cause great numbers of people to leave their home countries to seek security and opportunity elsewhere. We'll discuss the political, economic, and cultural changes that result. How does immigration affect both the people who are migrating and those who willingly or unwillingly accept them into their countries?

STAYCATION

12 MEMBERS MAXIMUM IN-PERSON (Drake Room)

Tuesdays 9:30 - 11:30 a.m.

April 18 - May 23 (6 sessions)

Course Leader: Richard Waring

Fee: \$40

A staycation is a period in which an individual or family stays home and participates in leisure activities within day-trip distance of their home and does not necessarily require overnight accommodation. Let's share staycations that we have taken or are planning in our area. Each week two different categories of staycations will be discussed.

Possible Topics: Theatre, beaches, historic sites, vineyards/ breweries, markets, hiking trails, bike trails, adventure, towns, drives, farm tours, geographic features, boating/ canoeing, shopping.

ACTIVITY GROUPS (In-Person & Online)

INTRODUCTION TO MINDFULNESS

MEDITATION

15 MEMBERS MAXIMUM IN-PERSON (Dining Room)

Tuesdays 9:30 - 11:00 a.m.

May 9 - June 13 (6 sessions)

Course Leader: Michael Johnson

Fee: \$40

Meditation helps us gain greater mental, emotional, physical, and spiritual calm. Mindfulness Meditation can equip us to live calmly and peacefully with greater curiosity about, acceptance of, and appreciation for the depth and richness of life. This course will introduce basic mindfulness and meditation concepts and practices that can be brought into our everyday lives, moment by moment.

CREATIVE WRITING WORKSHOP

11 MEMBERS MAXIMUM ONLINE

Tuesdays 1:30 - 3:30 p.m.

April 18 - June 6 (8 sessions)

Course Leader: Deborah Roberts; Zoom Host: Denise Ritchie

Fee: \$55

Creative writing is a form of artistic expression, drawing on imagination and open-minded thinking -- the craft of making things up. Anyone can be a creative writer. In an encouraging and fun environment, we'll engage in varied writing exercises to stretch our mental muscles. From various forms -- poetry, short stories, songs, plays, and stream-of-consciousness - we'll construct and share our compositions. Join us for an enjoyable experience.

Spring 2023

Got Questions?
phone: 519.438.3525
slrlondonontario@gmail.com
www.slrlondon.com

ACTIVITY GROUPS (In-Person & Online)

MUSEUMS AT LARGE

12 MEMBERS MAXIMUM IN-PERSON OFF-SITE

Wednesdays 2:00 p.m.

April 5 - May 24 (8 sessions)

Course Leaders: Alison Greenhill and Cheryl Clark

Fee: \$64 (covers the cost of museum entry fees)

Did you know that London has more museums/ heritage sites per capita than Toronto or Ottawa? Museums educate, inspire, and give us new reasons to love our city. Come with us and discover these interesting and fascinating places; each week is a new adventure for the group as we meet those who will share their knowledge.

WALK THIS WAY

11 MEMBERS MAXIMUM IN-PERSON OFF-SITE

Thursdays 9:30 - 11:30 a.m.

May 18 - June 22 (6 sessions)

Course Leader: Eleanor Rath

Fee: \$40

Join us for some fresh air and exercise as we explore London's historic neighbourhoods. Participants will research a neighbourhood with a partner under the guidance of our activity leader. Each week's walk will feature a different neighbourhood where we'll learn about its history, architecture, and colourful past. London's Heritage Neighbourhoods include Blackfriars, Downtown, Old East Village, Old North, SoHo, Woodfield, Wortley Village & many more.

INTEREST GROUPS

PHOTOGRAPHY CLUB with Jeff Keenor

20 MEMBERS MAXIMUM ONLINE

Meets first Tuesday of each month, September to June

11:30 - 1:30 p.m.

Fee: \$15 for 2022 - 2023 year

Open to anyone with a digital camera, any skill level. We share photographs, tips, and techniques so that all increase their enjoyment of photography.

GINA BARBER SLR SINGERS with Susan

Jones and Mike Zadorsky **FULL**

30 MEMBERS MAXIMUM IN-PERSON (Drake Room)

Meets Fridays, Sept. to June, 11:30 a.m. - 1:00 p.m.

Fee: \$15 for 2022 - 2023 year

Does singing make you happy? Can you carry a tune? If you answered 'yes' to one of these questions, you are eligible to become a member of Seriously Little

Rehearsed, the singing group that loves to laugh and sing. Sometimes we perform for our members. That's fun, too (at least for us).

THE SLUGS (Ukulele Group) with Noële Hall and Jacqui Griffin **FULL**

20 MEMBERS MAXIMUM IN-PERSON

Meets Fridays, 1:15 - 3:15 p.m. (note new time)

September to June

Fee: \$15 for 2022 - 2023 year

The SLUGS will meet on Fridays inside or outside the Coach House. Our focus is to have fun practising our skills and polishing up the songs we have learned. New songs will be introduced and Noële will help develop our musical and performing skills when she is available. Graduates of previous ukulele courses are invited to join the group.

"keeping your brain stimulated and your spirit young"

Note: For additional details on all our groups, please visit our website at www.slrlondon.com

SOCIAL EVENTS

Please pay for these separately.

RACEWAY AT THE WESTERN FAIR

Tuesday, March 28, 5:15 p.m.

900 King Street

Cost: Dinner is \$50 + HST + gratuity per person, payable at the Top of the Fair

Please register immediately so all can be seated together: srlonsocial@gmail.com

We will be enjoying a dinner at the Top of the Fair Restaurant and receiving a short explanation as to how best to place bets, etc. by a raceway staff member. It will be another fun event with a chance to bring home a bundle!

SPRING LUNCHEON AND 29TH ANNUAL MEETING

Thursday, April 13 at 12:00 noon

West Haven Golf and Country Club

7083 Egremont Drive (off Fanshawe Park Road West on the north side)

Cost: \$32 AGM Only: No charge

The three-course lunch at West Haven is always one to look forward to in this idyllic setting. It's also a chance to discuss your selection of courses for the spring term with friends. After the meal, short reports about the operation of SLR will be presented, as well as a call for nominations for the Directors and the election. To close the meeting, we always look forward to Brenda's famous jokes. Anyone planning to attend the AGM only should arrive by 1:30 p.m.

TOUR OF RUSH CREEK FRUIT WINERY IN AYLMEER, ONTARIO AND OPTIONAL VISIT TO MUSEUMS IN SPARTA

Tuesday, May 30, 10:00 a.m.

Carpool from London

No Cost.

Join us for a Spring tour at the Rush Creek Winery at 11:15 a.m. where we will have the opportunity to taste wines made from unique fruits grown in the region. This will be followed by your own brown bag lunch at picnic tables in the vineyards. You may extend your day by visiting museums in Sparta and participating in afternoon tea at the Sparta House Tea Room.

'BEAUTIFUL - THE CAROLE KING MUSICAL' HURON COUNTRY PLAYHOUSE

Thursday, June 22, 2:00 p.m.

RR 1, 70689 B Line, Grand Bend

Cost: \$52

Carpool with SLR friends to attend this inspiring story of Carole King's remarkable journey from a teenage songwriter to the Rock & Roll Hall of Fame. This musical performance is filled with songs you will remember, featuring unforgettable classics such as "You've Got a Friend", "You've Lost That Lovin' Feeling" and "Will You Still Love Me Tomorrow?"

LONDON MAJORS BASEBALL GAME

Friday, July 21, 7:30 p.m.

Labatt Memorial Park, 25 Wilson Ave.

Cost: \$15

Have you ever had a chance to visit the world's oldest baseball ground, which opened in 1877? Don't miss your opportunity to join us at this historic venue to watch the Barrie Baycats take on the London Majors team. What better way to spend a warm summer evening with like-minded fans, cheering on our home team?

MARK YOUR CALENDARS

SPRING REGISTRATION

Opens at 10 a.m. on Monday, March 27 and continues until courses begin the week of April 17. Courses are on a first-come/first-served basis.

RACEWAY AT THE WESTERN FAIR

Tuesday, March 28, 5:15 p.m.

SPRING OPEN HOUSE IN-PERSON

Thursday, March 30, 10:00 a.m. – 12:00 Noon
Grosvenor Lodge

SPRING LUNCHEON AND 29TH ANNUAL MEETING

Thursday, April 13 at 12:00 noon

VICTORIA DAY HOLIDAY NO CLASSES

Monday, May 22

TOUR OF RUSH CREEK FRUIT WINERY IN AYLMEER, ONTARIO

Tuesday, May 30, 10:00 a.m.

FALL 2023 PROGRAM BROCHURE

Released Monday, June 12

Spring 2023

Got Questions?

phone: 519.438.3525

slrlondonontario@gmail.com

www.slrlondon.com

REGISTRATION INFORMATION & POLICIES

In-person, on-line and hybrid courses will continue this term.

You can register for courses online by going to www.slrlondon.com or via regular mail. If unsure how to register online, go to the Help/Zoom tab on the website (home page, top right) to get the easy step-by-step instructions. Courses are filled on a first-come/first-served basis.

Membership Fee: (FOR NEW MEMBERS ONLY; members who paid their membership in the Fall of 2022 or Winter 2023 do NOT pay again)

If you are new to SLR starting in the spring term, please remember to pay your pro-rated membership fee of **\$10**. Just select the Membership "product" on the website and add it to your cart in addition to your course selection(s) before checking out. If filling out a paper registration, then check the membership fee in the appropriate column and add it to your course fee(s).

Waiting Lists:

If a course you want is **FULL**, you can add your name to a Waiting List. Sometimes openings become available prior to or in the first week. To join the waiting list, just click on our email link (under Mailing Address below) to send us a message. Be sure to tell us the **name of the course you want**.

Payment Options:

The website accepts credit cards (Visa and Mastercard) and some (not all) debit cards. As soon as you pay by credit card or debit card you will get an automatic email notification.

You can also pay by **cheque**. First select your courses, add your Membership Fee, and proceed to checkout. After filling in your information, select the CHEQUE option (found just before the PLACE ORDER tab).

In the case of a cheque payment, you will receive a confirmation email which confirms your registration and will remind you to send a cheque asap making it payable to SLR London. If not received within a reasonable amount of time, SLR reserves the right to cancel your registration. Please mail it to the address below or drop it off in the Grosvenor Lodge Coach House on the days and times specified in a future email. Once we have received your cheque, you will be notified.

- **Note 1:** Registration is complete only when full payment has been received by SLR; cheques must be received before classes begin.
- **Note 2:** We are unable to process post-dated cheques. Please do not send cash through the mail.

MAILING ADDRESS

Society for Learning in Retirement

Grosvenor Lodge

1017 Western Road

London, ON N6G 1G5

519-438-3525

slrlondonontario@gmail.com

www.slrlondon.com

REFUND POLICY

No refunds are issued for Annual Membership Fees. If SLR cancels a program, a full refund is issued.

A full refund of fees, less a nominal \$5 administration fee, will be issued up to the second session of a course. Members who withdraw after the second week of term normally will not receive a refund.

Exceptions will be considered for medical or compassionate reasons.

*SLR is generously sponsored by
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