

STUDY GROUPS

Study Groups are 8 -10 weeks, ~2 hours/session. Fees and maximum numbers vary. Classes may be in-person at Grosvenor Lodge in the Drake Room, online via Zoom, or a combination.

In Study Groups, each member researches a topic related to the general subject and shares their findings with the class.

IT'S A BUG'S LIFE!



15 members maximum in-person

Mondays 9:30 - 11:20 a.m.

September 19 - November 14 (8 sessions; no class October 10, Thanksgiving)

Course Leader: Lisa Darling

Fee: \$55

Bugs are the largest and most diverse group of organisms on Earth. What secrets can you share about a bug? What are the threats to their very existence? What makes us opine that one bug is a friend and another a foe? Maybe there's a bug out there you envy. Take this opportunity to explore and share something of these incredible and varied creatures.

Possible topics: *Earliest known fossil evidence of insects; qualities that enable bugs to thrive; adversities and adversaries; how bugs shape agricultural practices; insects as predators and prey; a protein alternative; spiders welcome too!*

THE DECORATED BODY



15 members maximum in-person

Mondays 1:30 - 3:30 p.m.

September 19 - November 14 (8 sessions; no class October 10, Thanksgiving)

Course Leader: Diana Lloyd

Fee: \$55

The human body has been decorated throughout history. We will explore what people have done to their bodies in the interest of promoting caste, religion, fashion, culture, lifestyle and magic. Decorations have been achieved through painting, scarification, tattooing, plastic surgery and body piercing. Let's learn about the customs and stories associated with our most treasured possession, our body.

Possible Topics: *Chinese foot binding, tattooing of Polynesian females, Ta Moko Maori tattoos, Ndebele neck bracelets, Indian Mehndi Henna hand and foot designs, Ethiopian Omo Valley pin-on body decorations, body painting celebrating the Indonesian New Year*

THROUGH THE LENS



15 members maximum online

Tuesdays 1:30 - 3:30 p.m.

September 20 - November 8 (8 sessions)

Course Leader: Twyla Atchison, Zoom Host: TBA

Fee: \$55

Photographs can thrill, shock or fill us with awe. They can make us sad, happy or angry. Photographers develop unique styles: nature images by Ansel Adams; street images by Vivian Maier; celebrity images by Annie Leibovitz or war images by Nick Ut, to name a few. Let's share the lives and works of these photographers with the focus behind the lens.

Other possible topics: *Steve McCurry, Margaret Burke-White, Irving Penn, Elliot Erwitt, Franz Lanting, Mihaela Noroc, Cindy Sherman, Robert Capa*

BACK TO THE U.S.S.R.



15 members maximum in-person; 4 online

Wednesdays 9:30 - 11:30 a.m.

September 21 - November 23 (10 sessions)

Course Leader: Jeff Keenor

Fee: \$65

The Russian-dominated Soviet Union grew into one of the world's most powerful and influential empires, occupying nearly one-sixth of Earth's land surface, before its fall and ultimate dissolution. We will visit the countries that formed the U.S.S.R. and the key moments in history from its birth, through its growth and to its eventual demise.

Possible Topics: *Armenia, Azerbaijan, Belarus, Estonia, Georgia, Kazakhstan, Kyrgyzstan, Latvia, Lithuania, Moldova, Russia, Tajikistan, Turkmenistan, Ukraine, Uzbekistan, revolution and foundation, Lenin, Stalin, communism, Cold War, dissolution*

STUDY GROUPS

THE MYSTERY OF SHIPWRECKS



15 members maximum in-person; 4 online

Wednesdays 1:30 - 3:30 p.m.

September 21 - November 23 (10 sessions)

Course Leader: Lydia Keras

Fee: \$65

What is so fascinating about shipwrecks? Unlike elaborately contrived sites such as graves and temples, shipwrecks are accidental and show the past as it really was. They are often left undiscovered for centuries. Studying shipwrecks can help us understand the past, connect us to our cultural heritage, and teach us lessons on how the environment and human error impact each other.

Possible Topics: *your favourite shipwreck story, the Bermuda Triangle, the oldest shipwreck, environmental impact of shipwrecks, famous warships that sank, modern day shipwrecks, sunken treasures*

GUESS WHO'S COMING TO DINNER?



15 members maximum in-person; 4 online

Thursdays 9:30 – 11:20 a.m.

September 29 – December 1 (10 sessions)

Course Leader: Brian Henderson, Co-leader: TBA

Fee: \$65

If you could host a dinner party for four, which three people would you invite? They could be anyone from the past or present, regardless of language, location or social position – there are no constraints. Would you choose a theme – philosophy, politics, medicine, the arts, or something else? Introduce each guest with a 10-minute biography and why you would invite them. Lively and perhaps controversial conversation is guaranteed!

CANADIAN MUSIC LEGENDS



15 members maximum in-person; 4 online

Thursdays 11:30 a.m. – 1:20 p.m.

September 22 – November 24 (10 sessions)

Course Leader: Burton Moon, Co-leader: TBA

Fee: \$65

Canada, with a relatively small population, has produced incredible musicians in many genres. Many are household names, not only in Canada but around the world. From legends like Oscar Peterson, Joni Mitchell, Leonard Cohen, Glenn Gould and Neil Young to rock stars like The Guess Who, Bryan Adams, and so many more. Join us to share their stories and their music.

POTPOURRI – ANYTHING GOES!



15 members maximum in-person

Thursdays 1:30 – 3:30 p.m.

September 22 – November 10 (8 sessions)

Course Leaders: Brenda Jackson, Roy Hind

Fee: \$55

The field is wide open for any topic you think will challenge the intellect, tickle the funny bone, provoke controversy, stimulate discussion, or just keep us informed. Do you have some insight that you have always wanted to share with others? Here you will have an attentive and appreciative audience.

HOME SWEET HOME



15 members maximum online

Fridays 9:30 - 11:30 a.m.

September 23 - November 11 (8 sessions)

Course Leader: Margaret Cowan

Fee: \$55

If walls could talk, what would they tell us? This course offers an opportunity to explore and share fascinating tales of houses, great or small, from any part of the world, and from any time period. There is a potential story to be told of historical events, social and cultural values and fascinating objects or architectural features that make houses into homes. Join us and take us on a tour of the house of your choice.

Possible Topics: *The strangest homes in the world, historic homes, castles and mansions, celebrity homes, suburban homes, homes for the homeless, nomadic homes, homes of our earliest ancestors, homes of the future*

Note: For additional details on all our groups, please visit our website at www.slrlondon.com

Fall 2022

Got Questions?
phone: 519.438.3525
slrlondonontario@gmail.com
www.slrlondon.com

DISCUSSION AND ACTIVITY GROUPS

Number of sessions and fees vary

POST PANDEMIC – HOW COVID CHANGED THE WORLD



12 members maximum in-person; Dining Room

Mondays 9:30 - 11:00 a.m.

September 19 - October 31 (6 sessions)

Course Leader: Phyllis Brady

Fee: \$40

Over two years, the COVID virus changed the world in ways we could not have imagined. It brought about once-in-a-lifetime changes in how we live, work, play, and stay healthy—changes to everyday life that will become the “new normal” for millions around the globe. We will identify and explore these changes, their impact and their effect on us and our community.

FALL MUNICIPAL ELECTION



10 members maximum online

Mondays 11:30 a.m. - 1:00 p.m.

September 26 - October 31 (5 sessions; no class on October 10, Thanksgiving)

Course Leader: Edna Blomqvist

Fee: \$35

Who are the players in the Municipal Election? Who will win a seat at the table? We will meet four times before the election and once afterward to consider these questions. Join us for a very lively discussion.

THE LURE OF TRAVEL: A TRIP TO REMEMBER



12 members maximum in-person; Drake Room

Tuesdays 9:30 – 11:20 a.m.

September 20 – October 25 (6 sessions)

Course Leader: Richard Waring

Fee: \$40

How many of us have spent some pandemic downtime remembering a great trip? How about sharing your best trip with those of us who are once again thinking of travel? Tell us about why you chose that particular trip, about how you planned for it, and about the trip itself. Oh, don't forget to share a few of your best photos.

WALK THIS WAY



10 members maximum in-person; off-site

Tuesdays 10:00 – 11:30 a.m.

September 20 – November 8 (8 sessions)

Course Leader: Eleanor Rath

Fee: \$55

Since the founding of London in 1826, distinct neighbourhoods have evolved as the Forest City grew. Join us to get some exercise as we explore some of London's Heritage Conservation Districts. Each week's walk will start with a brief history, followed by an informal stroll along a pre-planned route. Participants will select the neighbourhoods to host. Course Leader will provide links to resources and tips for routes.

Suggested Heritage Neighbourhoods: *Bishop-Hellmuth, Blackfriars/Petersville, Downtown London, East Woodfield, Greater Talbot, Old East, Piccadilly, St. George/ Grosvenor, Old North, SoHo, West Woodfield/Victoria Park, Wortley Village/Old South*

AGING WISELY



13 members maximum in-person; Drake Room

Tuesdays 11:30 a.m. – 1:20 p.m.

September 20 – November 8 (8 sessions)

Course Leader: Jean Hewitt

Fee: \$55

Aging often catches us by surprise with its many blessings and unforeseen challenges. As our bodies and minds change, so do our needs and wants. Our discussions will focus on the elements of the aging process, including the physical, emotional and mental challenges we experience as a result of these changes. How can we deal with this chapter of our lives in positive and proactive ways?

DISCUSSION AND ACTIVITY GROUPS

ART @ LARGE



20 members maximum in-person; off-site

Wednesdays 10:00 a.m. - 12:00 noon

September 21 - October 26 (5 sessions , no class October 12)

Course Leaders: Diana Coates and Pat Patterson

Fee: \$35

Discover the talented artists of London and region. Each week is a new adventure as the group tours a museum, gallery or studio, meeting those who will share their knowledge, insights and expertise.

HOT TOPICS IN THE NEWS



10 members maximum in-person; Dining Room

Wednesday 11:30 a.m. - 1:00 p.m.

September 21 - October 26 (6 sessions)

Course Leader: Sandy Morton

Fee: \$40

A weekly sampling of what's happening in our city, our province, our country and the rest of the world. Topics might include politics, diversity issues, health care, education, history, arts and entertainment, ethics, good deeds - what is of interest to you is of interest to us. Each participant, in turn, will bring in three items for the whole group to discuss.

LET'S UKE IT UP



8 members maximum in-person; Coach House

Wednesdays 1:30 - 3:30 p.m.

September 21 - November 23 (10 sessions)

Course Leader: Noële Hall

Fee: \$65

Learn to play the versatile little four-stringed ukulele. Together, we will learn a little strumming, a little finger picking, and even a few cool solos! Absolutely no musical background or ability to read music is required. Bring a ukulele, music stand, and the Hal Leonard Ukulele Method Book 1, Audio Access version (purchase at Long and McQuade, approximately \$18).

LIVELY POETRY READS



10 members maximum in-person; Dining Room

Meets 1st and 3rd Thursdays, 12:00 noon - 1:00 p.m.

September 22, October 6, 20, November 3, 17 (5 sessions)

Course Leaders: Denise Ritchie and Ros Moorhead

Fee: \$35

Members meet to share and discuss poetry and poets - dead poets, live poets, ancient poetry, new poetry - let's explore together.

CANADIAN CHALLENGES AND PRIORITIES



10 members maximum; online

Fridays 9:30 - 11:30 a.m.

September 23 - October 28 (6 sessions)

Course Leader: George Cherian

Fee: \$40

The post-pandemic world is experiencing turbulent times: a European war, the threat of famine in many countries, an oil crisis, the effects of climate change, an economic recession, a battle for democracy, huge migrating populations, a rise in racial prejudice, Russian expansion in the arctic, and confusion between fact and fiction. Canadians will be presented with the effects of all of these challenges over the coming years. Join us to discuss the route forward.

INTEREST GROUPS

PHOTOGRAPHY CLUB with Jeff Keenor



20 members maximum; online

Meetings are held the first Tuesday of each month from September to June from 11:30 a.m. – 1:15 p.m.

Fee: \$15 for 2022 - 2023 year

Open to anyone with a digital camera, any skill level. We share photographs, tips, and techniques so that all increase their enjoyment of photography.

RECORDER ENSEMBLE with John Morgan (To Be Confirmed)

10 members maximum in-person; Coach House

Meets Thursdays 11:45 a.m. – 1:15 p.m.

Fee: \$15 for 2022 - 2023 year



This is a continuing group – new members are welcome. It is expected that all members will play a C or F instrument and be in the process of learning the second instrument.

GINA BARBER SLR SINGERS with Susan Jones and Mike Zadorsky

30 members maximum in-person; Drake Room

Meets Fridays, 11:45 a.m. – 1:00 p.m.

Fee: \$15 for 2022 - 2023 year



Does singing make you happy? Can you carry a tune? If you can answer 'yes' to one of these questions, you are eligible to become a member of Seriously Little Rehearsed, the singing group that loves to laugh and sing. Sometimes we perform for our members. That's fun, too (at least for us).

Note: For this Fall term only, priority will be given to all members affected by the pandemic hiatus who now wish to return to the group. We do expect some additional spots for new singers. Please understand if we cannot accommodate you at this time.

THE SLUGS (Ukulele Group) with Jacqui Griffin

10 members maximum in-person; Coach House

Meets Fridays, 1:00 - 3:00 p.m.

September to June

Fee: \$15 for 2022 - 2023 year



The SLUGS will meet on Fridays inside or outside the Coach House. Our focus is to have fun practicing our skills and polishing up the songs we have learned. New songs will be introduced and Noële will help develop our musical and performing skills when she is available. Graduates of previous ukulele courses are invited to join the group.

COMPUTER CLINIC with Western Students



Coordinators: Jean Surry, Brian Henderson, and Phyllis Brady

Dates TBD: Weekly, October and November (Watch for update notices)

Fee: Free with SLR membership

Here's a great opportunity to expand your IT skills. Western student volunteers are matched with SLR members to provide one-on-one assistance with your laptop, tablet or smart phone and your techie questions via Zoom or in-person at Grosvenor Lodge (TBD).

For more information and to schedule an appointment, please contact slr.computer.clinic@gmail.com.

SOCIAL EVENTS

FALL PROGRAM PREVIEW (ONLINE)



Friday, May 27, 1:30 – 2:30 p.m. (Registration Opens at 3 p.m. following Preview)

Join us for a spirited and fun peek preview of our Fall offerings. Each of our course leaders is given just 1-1/2 minutes to convince you to sign up for their class – not an easy task! There are also opportunities to socialize prior to and to ask questions at the end of the program.

Note: Zoom opens at 1:00 for check-in and socializing; Program begins 1:30 sharp. Please check in no later than 1:25.

SOCIAL EVENTS

MEET AND GREET OPEN HOUSE



Wednesday, September 7, 1:00 - 3:00 p.m.

London Civic Garden Complex

625 Springbank Drive

No Cost

Join us in this beautiful facility at the eastern end of Springbank Park as we celebrate the opportunity to meet again in person. The Birch Room Hall and outdoor patio offer spectacular views of the woods, river and gardens. The SLR ukulele group will provide musical entertainment and course leaders will be on hand to answer questions about the Fall courses. Light refreshments will be served.

All those 55+ are welcome - members, friends and anyone interested in learning about SLR and our programs.

CAR SCAVENGER HUNT



Thursday, October 13, 10:00 a.m. - 1:30 p.m.

Meet at Gibbons Park, Grosvenor Street entrance

No Cost

Do you like car rallies? Join us on a special SLR car scavenger hunt around the outskirts of the city. You will have to navigate your way around, answer questions on what you are seeing and bring back some things. Ending at Springbank Park, we will compare notes, determine the winner, and eat our brown bag lunches. Fun guaranteed!

QUIZ NIGHT



Tuesday, November 15, 7:00 p.m. on Zoom

No Cost

Do you like quizzes? Do you thrive on fun and interesting questions? Are you a competitive team player? Then this Quiz Night is for you! For an evening of fierce and fun competition, join a team to pit your skills against some of our best SLR quiz experts - and may the best team win!

FESTIVE BANQUET



Wednesday, December 7, 12:00 noon

Highland Golf and Country Club 1922 Highland Heights

(West of Ridout Street on Commissioners)

Cost: \$32

This annual SLR tradition closes out the Fall term as we wine and dine in style in this idyllic setting. The chef at the club never fails to serve a delicious three-course meal to welcome in the festive season. Share stories with friends about courses you have attended over the past few months and chat about upcoming SLR learning opportunities and events for the 2023 Winter term.

MARK YOUR CALENDARS

FALL PROGRAM PREVIEW (ONLINE)

Friday, May 27, 1:30 – 2:30 p.m. (Zoom opens at 1:00; Preview begin 1:30 sharp.)

FALL REGISTRATION

Opens at 3 p.m. immediately following the Program Preview on May 27th, and continues until courses begin the week of September 19th. Courses are on a first-come/first-served basis.

COURSE LEADERS' WORKSHOP

Tuesday, September 6, 1:00 – 3:00 p.m.

MEET AND GREET OPEN HOUSE

Wednesday, September 7, 1:00 - 3:00 p.m.

PRESENTATION WORKSHOP

Thursday, September 8, 1:30 – 3:30 p.m.

This workshop is designed to take all the worry out of making a presentation. All are welcome – newcomers and current members – who want to improve their presentation skills, including PowerPoint. You will receive advice on researching, preparing and presenting your topic.

THANKSGIVING HOLIDAY (No classes)

Monday, October 10.

CAR SCAVENGER HUNT

Thursday, October 13, 10:00 a.m. - 1:30 p.m.

MARK YOUR CALENDARS

QUIZ NIGHT

Tuesday, November 15, 7:00 p.m. (Online)

WINTER 2023 PROGRAM BROCHURE

Released Monday, November 21.

WINTER 2023 PROGRAM PREVIEW AND REGISTRATION

Friday, November 25th

FESTIVE BANQUET

Wednesday, December 7, 12:00 noon

REGISTRATION INFORMATION AND POLICIES

In-person classes will resume this Fall, with some classes online and some a combination of in-person and online.

You can register for courses online by going to www.slrlondon.com or via regular mail. If unsure how to register online, go to the Zoom tab on the website (home page, top right) to get the easy step-by-step instructions.

Courses are filled on a first-come/first-served basis.

ANNUAL MEMBERSHIP FEE

It's time to renew your membership. All members must pay the yearly Membership Fee, which is **\$20** this year. Just select the Membership "product" on the website and add it to your cart in addition to your course selection(s) before checking out.

WAITING LISTS

If a course you want is FULL, you can add your name to a **Waiting List**. Sometimes openings become available prior to or in the first week. To join the waiting list, just click on our email link (under Mailing Address below) to send us a message. Be sure to tell us the **name of the course you want**.

PAYMENT OPTIONS

The website accepts credit cards (Visa and Mastercard) and some (not all) debit cards. As soon as you pay by credit card or debit card you will get an automatic email notification.

You can also pay by **cheque**. First select your courses, add your Membership Fee and proceed to checkout. After filling in your information, select the CHEQUE option (found just before the PLACE ORDER tab).

In the case of a cheque payment, you will receive a confirmation email which confirms your registration and will remind you to send a cheque ASAP, making it payable to SLR London. If not received within a reasonable amount of time, SLR reserves the right to cancel your registration. Please mail it to the address below or drop it off in the Grosvenor Lodge Coach House on the days and times specified in a future email. Once we have received your cheque, you will be notified.

Note 1: Registration is complete only when full payment has been received by SLR; cheques must be received before classes begin.

Note 2: We are unable to process post-dated cheques. Please do not send cash through the mail.

REFUND POLICY

No refunds are issued for Annual Membership Fees.

If SLR cancels a program, a full refund is issued.

A full refund of fees, less a nominal \$5 administration fee, will be issued up to the second session of a course. Members who withdraw after the second week of term normally will not receive a refund.

Exceptions will be considered for medical or compassionate reasons.

MAILING ADDRESS

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