

ONLINE STUDY GROUPS

Online Study Groups are 8 sessions, 2 hours/ session, \$55 each, with 15 members maximum.

In Study Groups, each member researches a topic related to the general subject and shares their findings with the class. For additional details, please visit www.slrlondon.com.

IMPRESSIONIST ART AND ARTISTS

Mondays 9:30 - 11:30 a.m.

January 17 – March 14 (no class February 21, Family Day)

Course Leader: Eleanor Rath

The Impressionist art movement grew in France in the 19th century. Radicals in their time, early Impressionists violated the rules of academic painting by spontaneously painting out of doors, primarily landscapes and scenes of everyday life, with emphasis on the depiction of light in its changing qualities. We will explore the lives of an extraordinary group of painters, and the memorable art that they produced.

Possible Topics: *Claude Monet, Pierre-Auguste Renoir, Vincent van Gogh, Edgar Degas, Edouard Manet, Paul Cezanne, Mary Cassat, Alfred Sisley, Camille Pissarro, Henri Matisse, Berthe Morisot, Max Liebermann.*

MORE GREAT GARDENS OF THE WORLD: A LIVING FORM OF ART

Mondays 1:30 - 3:30 pm

January 17 – March 14 (no class February 21, Family Day)

Course Leader: Jean Surry

We will be exploring even more beautiful gardens of the world. Open to everyone, including those who participated in the Spring session. Offering more than serene views and gorgeous blooms, garden spaces often reflect the history and culture of their location, through their collections of flora and preservation of their extraordinary landscapes. Tell us about a favourite garden, adding warmth and colour to our winter!

Possible Topics: *Pekura Park, NewZealand; National Botanical Garden, Mauritius; Gardens of Villandry, France; Mirabell Palace and Gardens, Austria; Kenroku-en Garden, Japan; Nongnooch Tropical Garden, Thailand; The Master-of-Nets, Suzhou, China; Royal Botanic Gardens in Kew, London; Limahuli Garden and Preserve, Hawaii; New York Botanical Gardens, US; Jardin Majorelle, Morocco; Jardim Botânico, Brazil; Villa d'Este, Italy; Butchart Gardens, B.C., Canada, etc.*

FROM STONES TO DRONES: THE GOOD AND BAD OF MILITARY TECHNOLOGY

Tuesdays 1:30 – 3:30 p.m.

January 18 – March 8

Course Leader: Doug Leighton

“War is Hell” as any sane person knows, yet wars can have huge unanticipated effects long after peace breaks out. What began as new weapons technologies can often morph into unexpected civilian consequences: good and bad. Let’s examine examples of significant military innovations which have influenced our lives.

Possible Topics: *The Internet; drones; atomic power, microwave ovens; computers; synthetic rubber tires; armoured vehicles, canned food; penicillin; wristwatches; jet engines; radar; GPS; walkie-talkies; jeeps, automatic rifles, blood transfusion, artificial limbs, explosives.*

BOOZE – THE GOOD, THE BAD OR THE UGLY

Wednesdays 9:30 - 11:30 a.m.

January 19 – March 9

Course Leader: Burton Moon

Our relationship with alcohol is complicated. There are the glamorous, the artful, and the dark sides to alcohol. Here’s a chance to tell us about your favourite or least favourite drink, or to discuss some aspect of how individuals and our society have been shaped (or bent out of shape) by our attempts to manage how we use, abuse and relate to alcohol.

Possible Topics: *Our brains on alcohol. Marketing alcohol. Why does the LCBO control sales? The growth of microbreweries. The costs of our love affair with alcohol. Does red wine really lower cholesterol? What’s the difference between Champagne and Prosecco? What goes into making a good whiskey? Why did prohibition fail?*

TALES OF THE 19TH CENTURY

Wednesdays 1:30 - 3:30 p.m.

January 19 – March 9

Course Leader: Twyla Atchison

The 19th Century was a period of new ideas and great change to the roles of men, women and children. New inventions; new ways of manufacturing and doing business; new materials; the establishment of the middle class; the end of child labour in multiple countries; the beginnings of women’s suffrage movements, and many more changes. Join us for a look at this fascinating period in history.

Possible Topics: *Beginnings of the automotive, railway, movie and other industries; inventions that changed how we work, travel, communicate; building of the first highways; social, economic, and political movements.*

CALLING ALL NERDS: FANTASY, SCIENCE FICTION, AND SPECULATIVE FICTION IN BOOKS, MOVIES AND TV

Thursdays 11:30 a.m. – 1:30 p.m.

January 20 – March 10

Course Leader: Jane Skinner

Fantasy, science fiction and speculative fiction were once outliers in books and film – kind of weird, not accessible to everyone, and not well regarded. Now they are among the most popular genres around, with books, film and tv enduring for decades. Popular authors often use genre elements in mainstream works to explore ideas or make a point. Let’s have fun investigating this topic together.

ONLINE STUDY GROUPS

Online Study Groups are 8 sessions, 2 hours/ session, \$55 each, with 15 members maximum.

Possible Topics: *Early science fiction; women in the genres (Octavia Butler, Judith Merril, Ursula K. Le Guin); masters of fantasy (J. R. R. Tolkien, George R. R. Martin, Diana Gabaldon); award winners (Philip K. Dick, Harlan Ellison, Robert J. Sawyer); post-apocalyptic tales; literary science fiction. Possible film and television: Star Trek, Star Wars, Bladerunner, The Matrix, Twilight Zone, Doctor Who, Dune.*

HELP ME GET BETTER! COMPLEMENTARY AND ALTERNATIVE MEDICINE

Thursdays 1:30 – 3:30 p.m.

January 20 – March 10

Course Leader: Sally Stewart

How can I take some control over my own body and mind? Many of us visit our doctors, take our prescriptions, undergo procedures and still require other aids to improve our overall health and mental well-being. What are these remedies? Tell us about their backgrounds and rationale for use. Are they safe? How well do they work?

Possible Topics: *Supplements, acupuncture, health foods, massage, tai chi, naturopathy, herbs, teas, probiotics, vitamins, minerals, yoga, chiropractic manipulation, osteopathic manipulation, meditation, cupping, reflexology, copper and magnetic bracelets, crystals, devices such as Digisplint, Dr Ho, regulation and research regarding these practices.*

ONLINE DISCUSSION & ACTIVITY GROUPS

Number of sessions and fees vary

DECLINE OF THE AMERICAN EMPIRE?

Mondays 1:30 - 3:30 p.m.

January 17 – February 14 (5 sessions)

Course Leader: Jeff Keenor

Fee: \$35; maximum 12

Once the world's most powerful country, many think that America is in decline. Through selected readings and focused discussion, we will explore the indicators and causes of the decline of an empire, and measure America against those findings. What will be the impact on Canada and the rest of the world if the American empire is truly in decline?

CREATIVE JOURNALING

Tuesdays 9:30 – 11:00 a.m.

January 25, February 1, 8, 22 (4 sessions)

Course Leader: Kathy Smith

Fee: \$30; maximum 12 members

These sessions will explore the practice of creative journaling from art to writing and everything in between. Starting with a historical perspective, we will then explore the evolution of journaling to include contemporary interpretations of journaling, including collage and mixed media compositions within the journal. Join us as we explore the array of styles, purposes, and benefits of journaling.

THE NON-FICTION BOOK CLUB

Tuesdays 11:30 a.m. – 1:30 p.m.

January 18, February 8, 22, March 8, 22 (5 sessions)

Course Leader: Helen Olmstead

Fee: \$35; maximum 12 members

Are you a keen reader? Do you like to discuss thought-provoking ideas presented in non-fiction? Then the Non-Fiction Book Club is for you. Before the first session, four titles (reasonably priced paperbacks) will be chosen. The group will discuss one of these books each meeting, led by two members who have interesting questions derived from the text. Where the discussion goes ... anyone's guess.

THE CHALLENGES AND BENEFITS OF DIGITALIZATION

Thursdays 9:30 – 11:30 a.m.

January 20 – February 17 (5 sessions)

Course Leader: Lydia Keras

Fee: \$35; maximum 12 members

Digitalization is the word used to describe the transition from an industrial age characterized by analogue technologies to an age of knowledge and creativity characterized by digital technologies. It has impacted society as a whole and that transition has accelerated in recent years. Let's discuss the challenges and benefits of digitalization that are impacting our everyday lives.

Possible topics: *See SLR website.*

HOT TOPICS IN THE NEWS

Fridays 9:30 – 11:30 a.m.

January 21 – March 11 (8 sessions)

Course Leader: Susan Booth

Fee: \$55; Maximum 16

A weekly sampling of what's happening in our city, province, country and the rest of the world. Topics can range from politics, racial issues, health care, education, history, arts and entertainment, ethics, good deeds - what is of interest to you, is of interest to us. Each participant, in turn, will bring in three items for the whole group to discuss.

Note: For additional details on all our groups, please visit our website at www.slrlondon.com

Winter 2022

Got Questions?

phone: 519.438.3525

slrlondonontario@gmail.com

www.slrlondon.com

INTEREST GROUPS

PHOTOGRAPHY CLUB with Jeff Keenor

Meets First Tuesday of each month, starting January 4

11:30 a.m. – 1:30 p.m.

Fee \$15 for 2021-2022 Year; Maximum 20 members

Open to anyone with a digital camera, any skill level. Share photographs, tips and techniques, so that all increase their enjoyment of photography. Until we can meet in person, we will use Zoom.

COMPUTER CLINIC with Western Students

Coordinators: Jean Surry, Brian Henderson, and Phyllis Brady

Dates TBD: Weekly, January to March (Watch for update notices)

Fee: Free with SLR membership; advanced registration required

Here's a great opportunity to expand your IT skills. Western student volunteers are matched with SLR members to provide one-on-one assistance with your laptop, tablet or smart phone and your techie questions via Zoom.

For more information and weekly registration (required), please contact slr.computer.clinic@gmail.com

OTHER ACTIVITY GROUPS

FRIENDS OF THE HYLAND is currently on hold.

The **GINA BARBER SLR SINGERS, RECORDER ENSEMBLE**, and **PLAY ON** have been suspended for the duration of the pandemic. SLR members will be advised when it is deemed safe for these valued groups to resume their activities.

SOCIAL EVENTS

Please pay for these separately.

ONLINE WINTER PROGRAM PREVIEW

Friday, November 26, 1:30 – 2:30 p.m.

(Registration opens at 3 p.m. following Preview)

Join us for a spirited and fun peek preview of our winter classes. Each of our course leaders are given just 1-1/2 minutes to convince you to sign up for their class – not an easy task! We will also have an opportunity to socialize.

Note: The Zoom link will be sent to all members a day or so prior to the Preview. We will open at 1:00 for check-in and socializing; program begins 1:30 sharp with presentations. If anyone would like a registration tutorial, please email slrlondonontario@gmail.com.

ROMEI (Retired Old Men Eating In) with Sandy Kechnie

Wednesdays 12:00 noon - 1:15 p.m.

January 19 – March 9 (8 sessions)

Fee \$10; Maximum 8 members

Come on men, let's Zoom! Join our council of elders and enjoy online fellowship with other men from the comfort of your own home. We'll discuss anything we want over a scrumptious meal of our own making. We'll share a peck of friendship, a bushel of ideas and a barrel of laughs. See you in our virtual dining room!

JULIETS (Let's Do Lunch – Zoom Style) with Ann Vandenbosch

Wednesdays 12:00 noon - 1:15 p.m.

January 19 – March 9 (8 sessions)

Fee \$10; Maximum 8 members

Open to all ladies who enjoy great conversation and friendship while enjoying your own prepared lunch in the comfort of your own home. Sharing mealtimes with others is a great opportunity to stay connected and perhaps learn some new recipes. Join us for fun, food and fabulous company.

"Keeping your brain stimulated and your spirit young"

MARK YOUR CALENDARS

ONLINE WINTER PROGRAM PREVIEW (See Social Events for details)

Friday, November 26, 1:30 – 2:30 p.m. (Zoom opens at 1:00 for socializing; presentations begin 1:30 sharp.)

WINTER REGISTRATION

Opens November 26 at 3:00 p.m. immediately following the Program Preview and continues until courses begin the week of January 17th. All courses are on a first-come/first-served basis.

COURSE LEADERS WORKSHOP

Thursday, December 9, 1:00 – 3:00 p.m.

PRESENTATION WORKSHOP

Tuesday, January 11, 10:00 – 11:30 a.m.

This workshop is designed to take all the worry out of making a presentation. All are welcome – newcomers and current members – who want to improve their presentation skills, including PowerPoint. You will receive advice on researching, preparing and presenting your topic.

FAMILY DAY (No classes)

Monday, February 21.

SPRING 2022 PROGRAM BROCHURE

Released Monday, March 28.

REGISTRATION INFORMATION & POLICIES

All Courses Will Continue Online for the Winter Term.

Due to COVID-19 we will not have a Winter Open House, but will have a Program Preview online (see Social Events and Mark Your Calendar for details).

You can register for courses online by going to www.slrlondon.com or via regular mail. If unsure how to register online, go to the Zoom tab on the website (top right of home page just before large REGISTER button) to get the easy step-by-step instructions.

FOR NEW MEMBERS: Membership Fee

If you are new to SLR starting in the winter term, please remember to pay your pro-rated membership fee of \$15. Just select the Membership “product” on the website and add it to your cart in addition to your course selection(s) before checking out. If filling out a paper registration, then check the membership fee in the appropriate column and add it to your course fee(s).

Current members who paid their membership in the Fall, do NOT pay again.

Waiting Lists:

If a course you want is FULL, you can add your name to a **Waiting List**. Sometimes openings become available prior to or in the first week. To join the waiting list, just click on our email link (under Mailing Address below) to send us a message. Be sure to tell us the **name of the course you would like**.

Payment Options:

The website accepts credit and some (not all) debit cards. As soon as you pay by credit or debit card you will get an automatic email notification.

You can also pay by cheque. First select your courses, add your Membership product (if you didn't pay your membership in the fall), and proceed to checkout. After filling in your information, select the CHEQUE option (found just before the PLACE ORDER tab).

In the case of a cheque payment, you will receive a confirmation email which confirms your registration and will remind you to send a cheque ASAP making it payable to SLR London. If not received within a reasonable amount of time, SLR reserves the right to cancel your registration. Please mail it to the address below. Once we have received your cheque, you will be notified.

- **Note 1:** Please do not bring cheques to Grosvenor Lodge or to the coach house. SLR volunteers are not available to accept them at this time.
- **Note 2:** Registration is complete only when full payment has been received by SLR; cheques must be received before classes begin.
- **Note 3:** We are unable to process post-dated cheques. Please do not send cash through the mail.

MAILING ADDRESS

Society for Learning in Retirement
Grosvenor Lodge

1017 Western Road
London, ON N6G 1G5
519-438-3525

slrlondonontario@gmail.com

www.slrlondon.com

REFUND POLICY

No refunds are issued for Annual Membership Fees. If SLR cancels a program, a full refund is issued.

A full refund of fees, less a nominal \$5 administration fee, will be issued up to the second session of a course. Members who withdraw after the second week of term normally will not receive a refund.

Exceptions will be considered for medical or compassionate reasons.

SLR is generously sponsored by
Westminster College Foundation

