

STUDY GROUPS

All Study Groups are 10 weeks; Fee: \$65 each. Max: 19 members each. For additional details, please visit www.slrlondon.ca.

CURRENT EVENTS

Monday a.m. 9:30 – 11:30

Jan 23 – Apr 3 (no class Feb 20, Family Day)

Moderators: Cam Dockstader, Jacqui Dockstader

This is a flexible program to discuss newsworthy topics. If you are interested, we are interested. Presentations can be drawn from any source covering the current political or social scene, even historical events with relevance to today's world. Issues may be local, national or international. Controversial topics are most welcome since they generate discussion. If it is in the news, we want your views.

CANADIAN SETTLERS

Monday p.m. 1:30 – 3:30

Jan 23 – Apr 3 (no class Feb 20, Family Day)

Moderators: Karen Cory, Sandy Morton

They came to hunt and fish. They came as military personnel. They came for land and greater opportunities. Who were these intrepid souls who endured hardships crossing the ocean to settle a harsh, dangerous land? Was it worth it and did they prosper? Come tell us of the early settlers across Canada – their dreams, realities, hardships and successes.

THE MYSTERIOUS, MAGICAL BRAIN

Tuesday a.m. 9:30 – 11:30

Jan 24 – Mar 28

Moderators: Susan Booth, George Cranton

The brain is the central processor for the human nervous system. It is a three-pound convoluted mass of 85 billion nerve cells and their connections that coordinate our mental and physical actions. What is science now revealing about the brain? Can our brains really change? Join us in an exploration of recent neurological research, deepening our understanding of the brain's capacities, possibilities and requirements.

PERSONAL ATTIRE THROUGH THE AGES

Tuesday p.m. 1:30 – 3:30

Jan 24 – Mar 28

Moderators: Peter Andreae, Jane Auger

Fashion mirrors social, economic and political trends, cultural identity, women's emancipation, and rebellious youth. Fashion is not just clothing, but makeup, hair style, accessories and body art. Think about Louis XIV, Cleopatra and Prince. Clothes can be alluring, display social status, or be a piece of art. Attire is rich with social implications.

OUR LONDON ON THE THAMES

Wednesday a.m. 9:30 – 11:30

Jan 25 – Mar 29

Moderators: Ray Jones, Linda Vandusen

London began as a tiny settlement at the forks of the Thames and grew into Canada's eleventh largest city, considered by most to be a good place to live and do business. We will explore London's past and present to explain how we got to where we are today. What is London's future? Where are we going and how do we get there?

AFRICA: FROM "LUCY" TO MANDELA

Wednesday p.m. 1:30 – 3:30

Jan 25 – Mar 29

Moderators: Diana Lloyd, Shari McNeill

Africa's story is the oldest and most event-filled chronicle of human activity on the planet. Examine Africa through its traditions and rich ancient cultures. It continues to struggle to move from slavery, tribalism, colonialism and religious intolerance into modern political and economic independence. Share the story of a country, a people, an event or an issue.

THE OLYMPICS AND PARALYMPICS

Thursday a.m. 9:30 – 11:30

Jan 26 – Mar 30

Moderators: Dorothy Mulligan, Bob Bryan

The modern Olympic Games look very different from the ancient Olympics and have changed dramatically since 1896. There have been controversies, highs and lows. What have these meant to the host countries, athletes, and the Olympic and Paralympic movements? Are the economic and social costs worth it? What particular sports, host sites, teams or individual participants should be highlighted?

POTPOURRI

Thursday p.m. 1:30 – 3:30

Jan 26 – Apr 6 (no class Feb 16 – Founders' Day Luncheon)

Moderators: Brenda Jackson, Roy Hind

The field is wide open for any topic you think will challenge the intellect, tickle the funny bone, provoke controversy, stimulate discussion or just keep us informed. Do you have some insight that you have always wanted to share with others? Here you have an attentive and appreciative audience.

150 YEARS OF CANADIAN AUTHORS

Friday a.m. 9:30 – 11:30

Jan 27 – Mar 31

Moderators: Gina Barber, Margaret Cowan

2017 is Canada's sesquicentennial year and a time for celebrating all things Canadian. During the last 150 years, Canada has had a richness of wonderful writers. In this course we will be celebrating Canadian authors! Tell us about one of your favourites and why you admire his or her work.

ACTIVITY GROUPS

All locations at Grosvenor Lodge unless otherwise noted.

PHOTO EDITING FOR QUALITY AND FUN with Jeff Keenor

Tuesday a.m. 9:30 - 11:30

January 24 - February 7 (3 sessions)

Fee: \$25; Maximum 12 members

This workshop will be a hands-on practical learning experience for those who wish to explore enhancing their digital pictures through the use of free editing software. Editing techniques will include cropping and sharpening pictures, fixing blemishes, enhancing colours and special effects.

INTRODUCTION TO SOCIAL MEDIA with Jeff Keenor and Shari McNeill

Tuesday 11:45 a.m. - 1:00 p.m.

Section 1 January 24 - February 21 (5 sessions) OR

Section 2 February 28 - March 28 (5 sessions)

Fee: \$35; Maximum 18 members

Want to keep up with the grandkids? Then come watch live demonstrations of a wide variety of social media applications; e.g., Twitter, Instagram, Facebook, Snapchat and more. Ten or more popular programs will be presented. See how they work and discover why they're popular.

RETIRED - NOW WHAT? with Alvin Shapiro and Harry Garner

Tuesday p.m. 1:00 - 2:30

January 24 - February 21 (6 sessions)

Fee: \$35; maximum 10 members

After financial, housing and other matters are settled, you are retired. What will you do with your time? We have all changed over the years, and so have our roles. So who is this new you? What will bring purpose and meaning at this stage? Join us for a voyage to explore your interests and possibilities through a series of individual and group activities.

ORCHESTRAL MUSIC – ENJOYING IT TOGETHER with Kay Hohner and Gail Morrow

Alternate Wednesday p.m. 1:30 - 3:30

February 1 and 15; March 1, 15 and 29 (5 Sessions)

Fee: \$35; Maximum 12 members

Explore with us some inspiring performances by great orchestras. Do you have a favourite instrumentalist or vocalist who solos with an orchestra? What orchestral composition thrills you every time you hear it? Is it the lush strings? Boisterous brass? The sweet, melodious winds? How important is the conductor in your choices? Should orchestras continue to exist? Join us as we enjoy listening to your selections.

MUNCH AND MOVIE IN THE DRAKE with Doug Bell and Diana Lloyd

Friday p.m. 12:30 - 2:30

January 27 - March 17 (10 sessions)

Fee: \$65; Maximum 24 members

End your week in a welcoming and hospitable environment with old friends and new in Restaurant Drake at Grosvenor Lodge. Tuck into a light lunch where participants will take turns providing a favourite dish. After lunch, a short movie or documentary chosen by member input will be shown in Theatre Drake. Each session will end with armchair critics discussing the film.

LET'S UKE IT UP with Noële Hall

Friday p.m. 1:30 - 3:30

January 27 - March 31 (10 sessions)

Fee: \$65; Maximum 12 members

Learn to play the versatile, little four-stringed ukulele. Together we will learn a little strumming, a little finger picking, and even a few cool solos! Absolutely no musical background or ability to read music is required. Bring a ukulele, music stand, and the Hal Leonard Ukulele Method, Book 1 with audio access from Long and McQuade, \$15.50+.

INTEREST GROUPS

Facilitators will confirm the date of the first meeting unless shown otherwise. Note: Many interest groups are off-site.

CRAFT 'N CHAT with Judi Emery

Monday p.m. 12:00 noon – 3:00

This group has a returning enrolment, and space is not available at present.

PHOTOGRAPHY CLUB with Jeff Keenor

Meets 1st Thursday a.m. of each month 11:45 - 1:00

Fee: \$15.00 for 2016-2017 year; Maximum 14 members

Open to anyone with a digital camera, any skill level. Share photographs, tips and techniques, so that all increase their enjoyment of photography.

COMPUTER CLINIC with Western Students

Thursday p.m. 3:00 - 4:00 and Friday p.m. 1:00 – 2:00

Start date: TBA (check SLR Website calendar for dates)

Fee: Free to SLR members; advance sign-up required

Here's a great opportunity to expand your IT skills. Western student volunteers come to Grosvenor Lodge to provide one-on-one assistance to SLR members with computer-related questions. Bring your laptop, tablet, smart phone or digital camera.

RECORDER ENSEMBLE with John Morgan

Meets every other Thursday p.m. 2:00 - 3:30

Location: Church of St. Jude, Fanshawe and Adelaide

Fee \$50 for 2016-2017 year

This is a continuing group – new members welcome. It is expected that all members will play a C or F instrument and be in the process of learning the second instrument.

SERIOUSLY LITTLE REHEARSED SINGERS with Gina Barber

Meets Friday a.m. 11:45 – 12:50

Fee: \$15.00 for 2016 - 2017 year

Does singing make you happy? Can you carry a tune? If you can say yes to one of these, you are eligible to become a member of Seriously Little Rehearsed, the singing group that loves to laugh and sing. Sometimes we perform for our members. That's fun, too.

FRIENDS OF THE HYLAND with Mary Evans and Helen Bullas

September 2016 – June 2017

Meets 2nd Sunday of the month for early matinee at the Hyland Theatre followed by a lively discussion of the film at a local restaurant.

Fee: Free with SLR membership

DISCUSSION GROUPS

TALKING GLOBAL ISSUES with George Cherian

Monday p.m. 1:00 - 3:00

Section 1 January 23 – February 27 (5 sessions, no class Feb 20, Family Day) OR

Section 2 March 6 - April 3 (5 sessions)

Fee: \$30; maximum 16 members

There are many issues of concern in the world today that cross national boundaries and affect the global community. Examples include trafficking drugs, weapons, or human beings, foreign aid, international trade policy, refugees, terrorism and environmental damage. Each week we will discuss a topic chosen by the group.

CRUISING with Jean Surry and John Husband

Wednesday a.m. 9:30 - 11:30

January 25 - February 22 (5 sessions)

Fee: \$30; Maximum 12 members

Discover the world travelling by water! Do you dream of glamorous ocean cruises, or hitching rides on freighters to exotic locations? How about feeling the wind in your hair while sailing on the bounding main on a tall ship? Have you explored great rivers or canals in luxury or by barge? Come to share your experiences and memories, or to learn about the joys of cruising.

SCIENCE AND US with Peter Andreae and George Cranton

Wednesday 11:45 a.m. - 1:00 p.m.

January 25 – March 15 (8 sessions)

Fee: \$50; Maximum 16 members

Science has made the world a better place, but how exactly does it affect each of us? Is there a disconnect between scientific reality and the decisions made by governments,

societies and individuals? Is science actually ignored? No matter what your background, if you have an interest in science – the environment, nutrition, health, technology, space – come help choose the topic and join the discussion.

MOVING ON with Terry McSpadden and Lynn Hamilton

Thursday a.m. 9:30 - 11:00

January 26 - February 23 (5 sessions)

Fee: \$30; Maximum 12 members

So the time has come . . . time to get away from the challenge of constant maintenance and the echo of unused rooms. But what comes next? Sell? Downsize? Rent? Head for snowbird country? What about all the treasured things you have collected over the years? Join us to discuss options that will help you find your pathway to “moving on.”

FINANCIAL PLANNING DURING RETIREMENT with Don Pollock

Section 1

Thursday p.m. 1:30 - 3:30

January 26 – Feb 9 (3 sessions) OR

Section 2

Thursday p.m. 1:30 - 3:30

February 23 - March 9 (3 sessions)

Fee: \$20 Maximum 16 members

There are many financial planning opportunities and traps for individuals during retirement. Over three weeks, we shall explore a variety of topics such as investing, estate planning, taxes and reverse mortgages. It is never too late to improve your financial position during retirement.

SOCIAL EVENTS

FESTIVE BANQUET

Thursday, Dec 1, 12:00 noon

Highland Golf and Country Club

1922 Highland Heights (just west of Ridout on Commissioners Road)

Cost: \$25

Celebrate the festive season in style as we close off the Fall term. Share stories and camaraderie with fellow SLR members as we enjoy a three-course lunch in these elegant surroundings. Pay for tickets through the locked mail drop box in the rear foyer at Grosvenor Lodge by November 25.

Please pay for these separately.

FOUNDERS' DAY LUNCHEON

Thursday, February 16, 12:00 noon

Highland Golf and Country Club

Cost: \$25

Celebrate our 23rd anniversary as we welcome back Dr. Ingrid Johnsrude, neuroscientist, professor of psychology at Western University and holder of the Canadian Research Chair in Neuroscience. Her topic will be “Did you say choir practice or chiropractor? What every day mis-hearings tell us about how the brain perceives speech.” Dr. Johnsrude will also touch on the \$66 million grant awarded to neuroscientific research at the University.

“Keeping your brain stimulated and your spirit young”

SLR is generously sponsored by
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MARK YOUR CALENDARS

WINTER PROGRAM PREVIEW AND REGISTRATION

Wednesday, Nov 23, 1:30 – 3:30 (presentations start at 1:30 sharp)

Siloam United Church, 1240 Fanshawe Park Road East

Listen to the moderators and facilitators describe their courses and activity groups, and be among the first to sign up. Our program previews are lively and fun, with each moderator or facilitator trying to convince you that their course is the right one for you. Another chance to socialize and enjoy free refreshments.

FESTIVE BANQUET (see Social Events)

Thursday, Dec 1, 12:00 noon

MODERATORS' WORKSHOP

Tuesday, Jan 10, 10:00 – 12:00 noon

WINTER OPEN HOUSE AND REGISTRATION

**Thursday, Jan 12, 10:00 – 12:00 noon and 1:00 – 3:00
Grosvenor Lodge**

This is another chance to register for the Study, Activity, Discussion and Interest Groups of your choice and talk with the moderators and facilitators. Short information sessions will be presented for prospective and current members who would like to get an overview of SLR and discover all we have to offer. It's an opportune time to reconnect after the summer holiday. As usual, refreshments are free. Everyone is welcome, and don't hesitate to bring your friends.

PRESENTATION WORKSHOP

**Thursday, Jan 19
10:00 – 12:00 noon**

This workshop is designed to take all the worry out of making a presentation. All are welcome – newcomers and current members – who want to improve their presentation skills, including PowerPoint. You will receive advice on researching, preparing and presenting your topic. As well, you will be treated to a presentation by one of our members. All this at no cost!

FOUNDERS' DAY LUNCHEON (see Social Events)

Thursday, Feb 16, 12:00 noon

FAMILY DAY (no classes)

Monday, Feb 20

SPRING PROGRAM BROCHURE

Our brochure with the Spring 2017 selections will be available mid-March. The Spring term begins late April.

SPRING OPEN HOUSE

**Wednesday, April 5
10:00 – 12:00 noon; 1:00 – 3:00 p.m.
Grosvenor Lodge**

This is another chance to register for the Study, Activity and Discussion Groups of your choice and talk with the moderators and facilitators. Short information sessions will be presented for prospective and current members who would like to get an overview of SLR and discover all we have to offer. As usual, refreshments are free. Everyone is welcome, and don't hesitate to bring your friends.

SPRING LUNCHEON & 23rd ANNUAL GENERAL MEETING

**Thursday, April 20, 12:00 noon
Location: TBA**

REGISTRATION INFORMATION AND POLICIES

Registration opens upon distribution of the brochure.

All registrations are taken on a first-come, first-served basis. See brochure for maximum group sizes.

The Registration Form with payment can be handed in at the Open Houses, the Program Previews or at any time by mail or drop off in the SLR locked mailbox located in the 1st floor foyer. (For the date, time and location of the Open House and Program Preview, see the [Mark Your Calendars](#) section in the brochure and/or visit www.slrlondon.ca.)

Cheque or cash payments only. Cheques are payable to **SLR London**.

Note: We are unable to process post-dated cheques. Please do not send cash through the mail.

Registration is complete only when full payment has been received by SLR.

MAILING ADDRESS

Society for Learning in Retirement
Grosvenor Lodge
1017 Western Road
London, ON N6G 1G5
519-438-3525
societyforlearning@execulink.com
www.slrlondon.ca

CO-REGISTRATION POLICY

To guarantee a place in a Study, Activity or Discussion Group, payment is required for each course at time of registration. If, however, there is space available in another course you would like to take AND you have already registered and paid for at least one course of equal or higher value, you may apply for the additional course AT OR AFTER the Open House or Program Preview at no charge by going to the Co-Registration table to submit your request. You may also make your application by email or telephone at any time following the Open House or Program Preview.

Applications will be processed the week prior to term commencement and all applicants will be contacted as to the status of their applications.

REFUND POLICY

No refunds are issued for Annual Membership Fees.

If SLR cancels a program, a full refund is issued.

Refunds will be issued if a withdrawal occurs prior to the commencement of the program. Refunds are subject to a \$5.00 administration fee.

No refunds will be issued after the commencement of classes.

Exceptions will be considered for medical or compassionate reasons.

Note: For additional details on all our groups, please visit our website at www.slrlondon.ca