

## STUDY GROUPS

All Study Groups are 10 weeks; Fee: \$65 each. Max: 20 members each. For additional details, please visit [www.slrlondon.ca](http://www.slrlondon.ca).

### 1. CUBA: PAST, PRESENT, FUTURE

**Monday a.m. 9:30 – 11:30**

**Jan 18 – Mar 28 (no class Family Day, Feb 15)**

**Moderators: Margaret Cowan, Alvin Shapiro**

The US and Cuba have recently taken the first steps toward ending half a century of estrangement. What will this mean for the Cuban people? While life in Cuba is challenging, Cubans show a fierce pride in their revolutionary society. Cuba remains a mystery to many, so let's explore the past, present and future of this beautiful Caribbean island.

### 2. UNESCO WORLD HERITAGE SITES

**Monday p.m. 1:30 – 3:30**

**Jan 18 – Mar 28 (no class Family Day, Feb 15)**

**Moderators: Heather Vedova, Karen Cory**

Some UNESCO sites are lost, but not forgotten, treasures. Some are endangered, while others are vibrantly interwoven into a country's daily life. Some protect a country's nature and wildlife, while others protect their culture. The list is long, currently 1,031, and growing. Whether archaeological, cultural, natural, architectural or religious – join us in exploring these internationally safeguarded treasures.

### 3. INFLUENTIAL CANADIANS - SHAPING OUR IDENTITY

**Tuesday a.m. 9:30 – 11:30**

**Jan 19 – Mar 22**

**Moderators: Lynn Hamilton, Susan Pepper**

Join us for an examination of Canadians who have been influential in the creation of the Canada we live in. These extraordinary people have come from every era of Canadian history and segment of Canadian society. Their efforts and achievements inspired reflection and dialogue, which helped shape our values, culture, and national identity.

### 4. POTPOURRI

**Tuesday p.m. 1:30 – 3:30**

**Jan 19 – Mar 22**

**Moderators: Brenda Jackson, Roy Hind**

The field is wide open for any topic you think will challenge the intellect, tickle the funny bone, provoke controversy, stimulate discussion or just keep us informed. Do you have some insight that you have always wanted to share with others? Here you will have an attentive and appreciative audience.

### 5. CURRENT EVENTS

**Wednesday a.m. 9:30 – 11:30**

**Jan 20 – Mar 23**

**Moderators: Terry McSpadden, Jane Auger**

This is a flexible program to discuss newsworthy topics. If you are interested, we are interested. Presentations can be drawn from any source covering the current political or social scene, or from historical events with relevance to today's world. Issues may be local, national, or international. Controversial topics are most welcome since they generate discussion. If it is in the news, we want your views.

### 6. THE 60s: POP GOES THE WORLD

**Wednesday p.m. 1:30 – 3:30**

**Jan 20 – Mar 23**

**Moderators: Anne Hutchinson, Marlis Timbeck**

The 1960s were all about change: a new, younger beat to march to. Revolutions in music, fashion, drugs, politics, science and sexuality turned social values upside down. Experimentation was the watchword. Impatient youth wanted everything, now! Mass society, television, and pop culture left us all shook up. Which aspect of the 60's do you wish to explore or explain?

### 7. GREAT SPEECHES

**Thursday a.m. 9:30 – 11:30**

**Jan 21 – Mar 24**

**Moderators: Dolly Testa, Peter Andreae**

Great speeches aim to inspire change, to galvanise a nation to action, to correct injustice and to create solidarity and purpose. Momentous speeches lifted hearts in dark times, defined the principles of action, inspired brave feats, gave courage to the weary, and honoured the dead. Some changed the course of history. Share the times, the speaker and the rhetoric of a great speech.

### 8. DISASTERS, MUTINIES AND (MIS)ADVENTURES AT SEA

**Thursday p.m. 1:30 – 3:30**

**Jan 21 – Mar 31 (no class on February 11, Founders' Day Luncheon)**

**Moderators: Carl Silke, Dorothy Mulligan**

Travel on the high seas is never without risk. Bad weather, rough seas, piracy, mutiny, inexperienced crews, too few lifeboats, equipment failure, and navigation blunders can turn an adventure into a misadventure. These events bring out the best and worst in everyone involved. Let's navigate through some of these fascinating stories that never cease to captivate us.

### 9. CLASSIC FILMS

**Friday a.m. 9:30 – 11:30**

**Jan 22 – Apr 1 (no class Good Friday, March 25)**

**Moderators: Mary Evans, Diane Price**

Film has the power to rivet our attention on real or imaginary worlds. Classic films are unique works of cinema that have transcended time and trends with indefinable quality. Come share with us a Classic Film that is appreciated from one generation to the next. Tell us what makes it great, and enduring.

### 10. MODERN DAY STRUCTURAL MARVELS

**Friday p.m. 1:30 – 3:30**

**Jan 22 – Apr 1 (no class Good Friday, March 25)**

**Moderators: Diana Lloyd, Jeff Keenor**

Advances in technology and machinery have led to modern engineering marvels. These taller, bigger and more complex structures are made to solve a problem and make life easier for humankind. The complex processes that led to their existence may also have had broader social, environmental and political implications. Let us examine these marvels and explore their impact.

# ACTIVITY GROUPS

All locations at Grosvenor Lodge unless otherwise noted.

## INTRODUCTION TO FACEBOOK with Peggy Matser and Jackie Dix Jackson

**Monday a.m. 9:30 – 11:30**

**January 18 OR February 8 (register for only one of these workshops)**

**Fee: \$5; Maximum 10 members**

Would you like to find out why people become addicted to Facebook? Would you like to set up your own page, correspond with your children, grandchildren or "long lost" friends, and post photos and video? Come to the workshop to learn how. Bring a laptop or tablet if you have one, but not required.

## INTRODUCTION TO POWERPOINT with Peggy Matser

**Monday a.m. 9:30 – 11:30**

**February 22 OR March 7 (register for only one of these workshops)**

**Fee: \$5; Maximum 10 members**

This workshop is designed to show you how to use PowerPoint for a presentation: how to type your own text into PowerPoint, access and copy pictures, cartoons, documents, poetry and whatever else you find on the internet that relates to your topic and more. Bring a laptop or tablet if you have one, but not required.

## PICTURE THIS - DIGITAL PHOTOGRAPHY with Jeff Keenor

**Tuesday a.m. 9:30 – 11:30**

**January 19 – February 9 (4 sessions)**

**Fee: \$35; Maximum 13 members**

Are you disappointed with the photographs that you take? Do you only shoot on Auto? Wonder what those funny icons on the camera mean? In four sessions you will improve your understanding of the controls on your digital camera, develop composition skills, and learn basic image editing on your computer. You will need a digital camera, computer access and email (for editing and sharing images).

## LEARN TO PLAY THE ALTO RECORDER, PART 2 with John Morgan

**Tuesday a.m. 9:30 – 11:30**

**Start Date: January 18 (10 sessions)**

**Fee: \$65; Maximum 8 members**

**Location: TBA**

Do you want to improve your skills on the alto recorder?

Bring your own alto recorder, music stand and "Basic Recorder Technique, Vol. 2," by Hugh Orr (approx. \$21). You should be able to read simple music and play a one octave F scale. This is a progression of the course offered previously. Students may be able to advance to the SLR Recorder Ensemble.

## BE A PLAYER with Mary Neill

**Tuesday p.m. 1:30 - 3:30**

**Start Date: TBA (probably early February; 10 sessions)**

**Fee: \$65; Maximum 16 members**

This is a "learn by doing it," "improv" acting class. Skills developed in the workshop will be applied in rehearsed readings of duologues to be presented in the last two classes. The classes help develop confidence and presentation skills and are great fun. For the first week of registration, priority will be given to those on the waiting list.

## GENEALOGY: WHO DO YOU THINK YOU ARE? with Dennis Mulligan and Gail Morrow

**Wednesday p.m. 1:30 – 3:30**

**January 20 – March 23 (10 sessions)**

**Fee: \$65; Maximum 16 members**

Are you interested in your family history? Do you have interesting family stories you would like to know about or authenticate? What historical events influenced your ancestors? Learn how to access and interpret records: online, in archives and libraries, in newspapers and directories, and in graveyards. Find out what is available locally and how to record what you discover. WARNING: This can be addictive!

## THE AGING OPTION with Susan Booth, Jeff Keenor, Mary Elford, Jo-Anne Muchan

**Longworth Retirement Residence, 600 Longworth Road**

**Friday a.m. 9:30 – 11:30**

**January 22 – March 11 (8 sessions)**

**Fee: \$65 (includes fitness materials); Maximum 20 members**

"Growing older is compulsory, how we age is optional." From the latest brain and fitness research, and personal insights, we will interactively explore practical means for developing and maintaining a healthy mind, body and sense of well-being. Developed by SLR and CCAA researchers, this course is suitable for all ages and physical abilities. Knowledge, inspiration and fun guaranteed. Build your own wellness program!

# SOCIAL EVENTS

Please pay for these separately.

## FESTIVE BANQUET

**Thursday, December 3, 12:00 noon**

**Highland Golf and Country Club**

**1922 Highland Heights (Commissioners Road East)**

**Cost: \$25 (includes gratuity)**

The annual Festive Banquet at the Highland Golf and Country Club is one of the highlights of the Fall term. Join us in this merry gathering as we celebrate the festive season. Tickets will be available through the office or by contacting dianalloyd@sympatico.ca.

## FOUNDERS' DAY LUNCHEON

**Thursday, February 11, 12:00 noon**

**Highland Golf and Country Club**

**1922 Highland Heights (Commissioners Road East)**

**Cost: \$25.00 (includes gratuity)**

Clara Fitzgerald, Program Director for the Canadian Centre for Activities in Aging, will be our guest speaker as we celebrate the 22nd anniversary of SLR. Clara is also a master trainer, education and research co-ordinator. CCAA is recognized as one of Canada's leaders in program development for improving physical ability and healthy aging for older adults.

## ICECULTURE IN HENSALL

**Thursday, March 31**

**Depart London: 9:00 a.m.; Transportation: T.B.A.**

**Cost: Iceculture Tour \$16.00; Black Dog Lunch \$20.00**

Join fellow SLR members in travelling to Hensall in early spring for an ice sculpting adventure. Iceculture, a family-owned business with a staff of 40, has earned its place as one of the major ice-carving industries in the world. Plan on enjoying a lunch at the Black Dog restaurant in Bayfield following the Hensall tour.

# Winter 2016

Got Questions?  
phone: 519.438.3525  
societyforlearning@execulink.com  
www.slrlondon.ca

## DISCUSSION GROUPS

### TALKING GLOBAL ISSUES with Terry McSpadden

**Monday p.m. 1:00 - 3:00**

**January 18 – February 22 (5 sessions; no class Feb 15)**

**Fee: \$30; Maximum 16 members**

There are many issues of concern in the world today that cross national boundaries and affect the global community. Examples include trafficking drugs, weapons, or human beings, foreign aid, international trade policy, refugees, terrorism and environmental damage. Each week we will discuss a topic chosen by the group.

### LET'S SPEND A WEEK IN . . . with Judi Emery and Mary Frances O'Hagan

**Tuesday a.m. 11:45 – 1:15**

**January 19 – February 16 (5 sessions)**

**Fee: \$30; Maximum 14 members**

Part of the fun of travel is in planning: what are the attractions, natural features, local specialties? So let's start exploring! Each week we will focus on a particular country, city, or region (chosen by the group) for a week's holiday, and plan a possible trip there. Everyone will briefly tell the group about a local attraction, cuisine, art or music, walks, or historical background.

### GOOD MAGAZINE READS with Ros Moorhead and Denise Ritchie

**Wednesday a.m. 10:00 – 11:30**

**January 20 – February 17 (5 sessions)**

**Fee: \$30; Maximum 16 members**

Each group member brings an article from a recent magazine of their choice to tell the group about, followed by discussion. Topics may vary widely as articles could be chosen from many different magazines, such as The New Yorker, The Walrus, Scientific American, National Geographic, Maclean's or The Economist. Here's an opportunity to share and discuss magazine articles on a wide range of topics.

### SCIENCE IN YOUR WORLD with Peter Andreae and George Cranton

**Wednesday a.m. 11:45 – 1:15**

**January 20 – February 17 (5 sessions)**

**Fee: \$30; Maximum 16 members**

Science can help us make a better world. But is the information that bombards us every day really science or pseudo-science? How is science used by governments? By society? Is science ignored? How exactly does science directly affect each of us? No matter what your background, if you have an interest in science, come join the discussion.

### ESTATE PLANNING with Don Pollock

**Friday a.m. 9:30 - 11:30**

**January 22 – February 5 (3 sessions)**

**Fee: \$20; Maximum 16 members**

Benjamin Franklin stated that nothing can be said to be certain except death and taxes. Join us for a discussion on current topics in estate planning. Advantages and disadvantages of various estate planning strategies will be discussed with a focus on avoiding costly mistakes that have impacted many families. NOTE: A second session beginning February 12 will be scheduled if there is sufficient interest.

Facilitators will confirm the date of the first meeting unless shown otherwise. Note: Many interest groups are off-site.

## INTEREST GROUPS

### CRAFT 'N' CHAT with Judi Emery

**Monday p.m. 12:00 noon – 3:00**

**January 18 (10 sessions)**

This group has a returning enrolment, and space is not available at present for the general membership.

### COMPUTER CLINIC with Western Students

**Wednesday and Thursday p.m. 3:00 – 3:50**

**Start date: TBA (check SLR Website calendar for dates)**

**Fee: Free with SLR membership; advance sign-up required.**

Here's a great opportunity to expand your IT skills. Western student volunteers come to Grosvenor Lodge to provide one-on-one assistance to SLR members with computer related questions. Bring your laptop, tablet, smart phone or digital camera.

### PHOTOGRAPHY CLUB with Jeff Keenor

**Meets 1st Thursday a.m. of each month 11:45 – 1:00**

**Fee: \$15 for September 2015 to June 2016; Maximum 14 members**

Open to anyone with a digital camera, any skill level. Share photographs, tips and techniques, so that all increase their enjoyment of photography.

### RECORDER ENSEMBLE with John Morgan

**Meets every other Thursday p.m. 2:00 - 3:30**

**Location: Church of St. Jude, Fanshawe and Adelaide**

**Fee: \$15 plus expenses**

This is a continuing group – new members welcome. It is expected that all members will play a C or F instrument and be in the process of learning the second instrument.

### FRIENDS OF THE HYLAND with Mary Evans and Helen Bullas

**Meets 2nd Sunday of the month for early matinee at the Hyland Theatre followed by a trip to a local restaurant for lively discussion of the film.**

**Fee: \$15 for September 2015 to June 2016**

Note: For additional details on all our groups, please visit our website at [www.slrlondon.ca](http://www.slrlondon.ca).

# MARK YOUR CALENDARS

## WINTER PROGRAM PREVIEW AND REGISTRATION

Wednesday, November 25, 1:30 – 3:30

Siloam United Church, 1240 Fanshawe Park Road East  
North side of Fanshawe Park Road, east of Adelaide,  
west of Highbury

Listen to the moderators and facilitators describe their courses and activity groups, and be among the first to sign up. Our program previews are lively and fun, with each moderator or facilitator trying to convince you that their course is the right one for you. Another chance to socialize and enjoy free refreshments.

## FESTIVE BANQUET (see Social Events)

Thursday, December 3, 12:00 noon

## MODERATORS' WORKSHOP

Tuesday, January 5, 10:00 – 12:00 noon

## WINTER OPEN HOUSE

Thursday, January 7

10:00 – 12:00 noon and 1:00 – 3:00

Grosvenor Lodge

This is another opportunity to register for the Study and Activity Groups and talk with our moderators and facilitators about possible topics. It's also a chance to meet other members while enjoying free refreshments. At this time you can co-register for a second study, activity or discussion group for free as long as one of your choices has a paid fee of \$65 and there is room.

## PRESENTATION WORKSHOP

Thursday, January 14, 10:00 – 12:00 noon

This workshop is designed to take all the worry out of making a presentation. All are welcome – newcomers and current members who want to improve their presentation skills. You will receive advice on researching, preparing and presenting your topic. As well, you will be treated to a presentation by one of our members and an introduction to our AV equipment. All this at no cost!

## FOUNDERS' DAY LUNCHEON (see Social Events)

Thursday, February 11, 12:00 noon

## FAMILY DAY HOLIDAY (No Classes)

Monday, February 15

## ICECULTURE IN HENSALL (see Social Events)

Thursday, March 31

## SPRING LUNCHEON & 22ND ANNUAL GENERAL MEETING

Thursday, April 14, 12:00 noon

Details TBA

# REGISTRATION INFORMATION AND POLICIES

Registration opens upon distribution of the brochure.

All registrations are taken on a first-come, first-served basis. See brochure for maximum group sizes.

The Registration Form with payment can be handed in at the Open House, the Program Previews, or at any time by mail or drop off in the SLR locked mailbox located on the 1st floor foyer. (For the date, time and location of Program Previews and Registration/Information Sessions, see the brochure and/or visit [www.slrlondon.ca](http://www.slrlondon.ca))

**Cheque** or **cash** payments only. Cheques are payable to **SLR London**.

Note: We are unable to process post-dated cheques. Please do **not** send cash through the mail.

Registration is complete only when full payment has been received by SLR.

## MAILING ADDRESS

Society for Learning in Retirement  
Grosvenor Lodge  
1017 Western Road  
London, ON N6G 1G5  
(519)438-3525

[societyforlearning@execulink.com](mailto:societyforlearning@execulink.com)  
[www.slrlondon.ca](http://www.slrlondon.ca)

## CO-REGISTRATION POLICY

To guarantee a place in a Study, Activity or Discussion Group, payment is required for each course at the time of registration. If, however, there is space available in another course you would like to take **AND** you have already registered and paid for at least one course of equal or higher value, you may apply for the additional course at the Open House at no charge by going to the Co-Registration table to submit your request. You may also make your application by email or telephone at any time following the Open House.

Applications will be processed the week prior to term commencement, and you will be contacted as to the status of your request as soon as possible.

## REFUND POLICY

No refunds are issued for Annual Membership Fees.

If SLR cancels a program, a full refund is issued.

Refunds will be issued if a withdrawal occurs prior to the commencement of the program. Refunds are subject to a \$5.00 administration fee.

No refunds will be issued after the commencement of classes.

Exceptions will be considered for medical or compassionate reasons.

*"Keeping your brain stimulated and your spirit young"*

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