

### STUDY GROUPS

Each member makes a presentation related to the general topic. All Study Groups are 10 weeks; Fee: \$65 each; maximum 19 members. For additional details and possible topics, visit www.slrlondon.ca.

#### **OUR CHANGING GLOBAL CLIMATE**

Monday a.m. 9:30 – 11:30

Sept 18 - Dec 4 (No class on Oct 9 or 23) Moderators: Edna Blomqvist, Ljuba Gerow

From deluge to drought, our climate is changing. What is happening today and what will be the impact on our future? What are the ecological, social, economic and political impacts today? How will we adapt to this challenge on a personal, local, national and global level?

#### **ARCHITECTURE: COMBINING ENGINEERING AND ART**

Monday p.m. 1:30 - 3:30

Sept 18 - Dec 4 (No class on Oct 9 or 23) Moderators: Jane Auger, Patricia Robinson

Without great engineering, buildings do not survive. Without great art, they are not masterpieces. Gifted designers have combined both in sublime ways. Let's look at buildings from the ancient times to modern day. Take us on a tour of these masterpieces; introduce us to their creators and tell us why they are memorable.

#### **CURRENT EVENTS**

Tuesday a.m. 9:30 – 11:30

Sept 19 – Nov 28 (No class on Oct 24) Moderators: Russ Knight, Dolly Testa

A flexible program to discuss newsworthy topics. If you are interested, we are interested. Presentations can be drawn from any source covering the current political or social scene, even historical events with relevance to today's world. Issues may be local, national, or international. Controversial topics are most welcome since they generate discussion. If it's in the news, we want your views.

#### **SOUTH AMERICA**

Tuesday p.m. 1:30 - 3:30

Sept 19 – Nov 28 (No class on Oct 24) Moderators: Don Efron, Dagma Speechly

Enter South America and discover a world very different from ours. Ancient empires destroyed by the Europeans. Modern countries shaped by indigenous people, revolutionaries, dictators, drug cartels, foreign government interference and global corporations. Unique natural settings, flora and fauna. Migrants heading north pass tourists going south. Tell us what intrigues you about this other America.

#### **PHOTOGRAPHY IN OUR LIVES**

Wednesday a.m. 9:30 – 11:30 Sept 20 – Nov 29 (No class on Oct 25) Moderators: Cathy Cameron, John Husband

Photography is an art form, an agent for change, and a tool for discovery. Iconic portraits and striking news photos shape political and social perceptions. High-resolution imaging enhances medical diagnoses, geological exploration, and space research. Explore great photographers, transformative photographs, and technological innovations. How has digital technology changed our understanding of the world?

#### **HEALTH AND ILLNESS THROUGH THE AGES**

Wednesday p.m. 1:30 - 3:30

Sept 20 – Dec 6 (No class on Oct 25 or Nov 29) Moderators: Elizabeth Brown, Susan Collins

Modern health, wellness, and longevity reflect centuries of experimentation, research, and discoveries – sometimes unanticipated. Some ancient medicines and treatments, like leeching, are still used today. Others, like arsenic-based medications, have been supplanted. Knowledge of anatomy and disease processes, improved sanitation, development of anaesthetics, vaccines, penicillin, and organ transplantation have saved and improved lives. Join us in studying the fascinating history of medicine and health.

# VIKINGS: NORSEMEN TO NORMANS AND THEIR SHAPING OF EUROPE

Thursday a.m. 9:30 - 11:30

Sept 21 – Nov 30 (No class on Oct 26) Moderators: Helen Olmstead, Carl Silke

Scandinavian pagans rowed and sailed all over Europe, raiding, killing and pillaging from Russia to Sicily and beyond. Somehow these invaders transformed themselves into Norman Christians who set up Europe as it is known today. Who were these people? How did all of this happen? There are incredible stories here!

#### **POTPOURRI**

Thursday p.m. 1:30 - 3:30

Sept 21 – Nov 30 (No class on Oct 26) Moderators: Brenda Jackson, Roy Hind

This field is wide open for any topic you think will challenge the intellect, tickle the funny bone, provoke controversy, stimulate discussion or just keep us informed. Do you have some insight that you have always wanted to share with others? Here you have an attentive and appreciative audience.

#### **GREAT WOMEN OF THE 20TH AND 21ST CENTURIES**

Friday a.m. 9:30 - 11:30

Sept 22 – Dec 1 (No class on Oct 27)

Moderators: Mary Frances O'Hagan, Susan Pepper

Women have come a long way – from chattel to people! It has not been an easy road; brave women have led the way. Let's look at the women who have moved us forward – from social reformers to writers, politicians, scientists, teachers and business leaders. Even today, women are fighting for rights and respect. Let's honour our leaders.

#### **MUSICAL POETS**

Friday p.m. 1:30 - 3:30

Sept 22 – Dec 1 (No Class on Oct 27)

**Moderators: Sally Stewart, Deborah Roberts** 

From Cole Porter to Kanye West, many musicians are also poets. Most great lyrics work because they are wedded to the right piece of music and the union of their parts is more potent as a song. Tell us about the lives of these individuals or collaborators and how their poetry is expressed in song.

### **ACTIVITY GROUPS**

#### **ALL THAT JAZZ with Jeff Keenor and Gail Morrow**

Monday 11:45 a.m. - 1:15 p.m.

Sept 18 - Oct 30 (5 sessions; no class Oct 9 or Oct 23)

Fee: \$35; Maximum 12 members

Let's welcome Fall by sharing with other folks your choices in Jazz music. Bring along your playlist – vocals or instrumentals. Get comfy, even brown bag it, and enjoy the melodies, rhythms, and moods of the jazz greats.

#### **BE A PLAYER with Mary Neill**

Monday p.m. 1:30 - 3:30

Sept 18 – Dec 4 (10 sessions; no class Oct 9 or Oct 23)

Fee: \$65; Maximum 16 members

This is a "learn by doing" improv acting class. Skills developed in the workshop will be applied in rehearsed readings of duologues or short plays to be presented in the last two classes. The classes help develop confidence and presentation skills and are great fun.

#### PICTURE THIS - DIGITAL PHOTOGRAPHY with Jeff Keenor

Tuesday a.m. 9:30 – 11:30 Sept 19 - Oct 10 (4 sessions) Fee: \$35; Maximum 13 members

Are you disappointed with the photographs that you take? Do you only shoot on Auto? Wonder what those funny icons on the camera mean? In four sessions you will improve your understanding of the controls on your digital camera, develop composition skills, and learn basic image editing on your computer.

# HOW TO EFFECTIVELY USE THE INTERNET FOR RESEARCH with Shari McNeill, John Husband and Bob Aggerholme

Tuesday 11:45 a.m. – 1:15 p.m. Sept 19 – Oct 17 (5 sessions) Fee: \$35; Maximum 16 members All locations at Grosvenor Lodge unless otherwise noted.

Still relying mostly on library books for your presentation? Upgrade your internet research skills in this five-week course. Go beyond basic Google searches and learn about other internet resources to round out your presentation content. Learn how to gather your digital information in one place, and how to avoid "fake news." Take your presentation game to a whole new level.

#### **PLAYTIME, PART 2, with Mary Neill**

Tuesday p.m. 1:30 - 3:30

Sept 19 - Nov 28 (10 sessions; no class Oct 24)

Fee: \$65; Maximum 16 members

A continuation course for Spring 2017 participants in "Playtime."

#### ART @ LARGE with Diana Coates and Pat Patterson

Wednesday 10:00 a.m. - 12:00 noon (off site) Sept 20 - Oct 18 (5 sessions) Fee: \$25; Maximum 20 members

Discover the talented artists of London and region. Each week is a new adventure as the group tours a museum, gallery or studio, meeting those who will share their knowledge.

#### **LET'S UKE IT UP with Noele Hall**

Friday p.m. 1:30 - 3:30

Sept 22 – Dec 1 (10 sessions, no class Oct 27)

Fee: \$65; Maximum 12 members

Learn to play the versatile little four-stringed ukulele. Together we will learn a little strumming, a little finger picking, and even a few cool solos! Absolutely no musical background or ability to read music is required. Bring a ukulele, music stand, and the Hal Leonard Ukulele Method Book 1, audio access version from Long & McQuade, \$15.95.

### **DISCUSSION GROUPS**

#### **TALKING GLOBAL ISSUES with George Cherian**

Monday a.m. 9:30 - 11:30

Section 1: Sept 18-Oct 30 (5 sessions; no classes Oct 9,23)

OR Section 2: Nov 6 – Dec 4 (5 sessions) Fee: \$30; maximum 16 members

There are many issues of concern in the world today that cross national boundaries and affect the global community. Examples include trafficking drugs, weapons, or human beings, foreign aid, international trade policy, refugees, terrorism, environmental damage, and advances in science and technology on the future of homo sapiens. Each week we will discuss a topic chosen by the group.

# SCIENCE AND CHALLENGE with Peter Andreae and George Cranton

Wednesday 11:45 a.m. – 1:15 p.m. Sept 20 – Nov 15 (8 sessions; no class Oct 25) Fee: \$50; Maximum 16 members

What science has done to improve our lives is astounding. Yet our society is presented with huge challenges resulting from the fruits of this scientific endeavour. At the same time, much of what is presented to us as science is wrong and misleading. We can recognize and deal with these issues. Join us and we'll solve the problems together.

# FINANCIAL PLANNING DURING RETIREMENT with Don Pollock

Thursday p.m. 1:30 - 3:30 Sept 21 - Oct 5 (3 sessions) Fee: \$20; Maximum 16 members

There are many financial planning opportunities and traps for individuals during retirement. Over three weeks, we shall explore a variety of topics such as investing, estate planning, taxes and reverse mortgages. It is never too late to improve your financial position during retirement.

# LET'S TALK ABOUT DEATH AND DYING with Susan Booth and Jackie Dix

Friday a.m. 9:30 - 11:30

Sept 22 – Dec 1 (No class Oct 27)

Fee: \$65; Maximum 12 members

Death is the one great certainty in life and a personal journey each of us approaches in our own way. Let's consider our own unique path with death, dying and grieving by exploring this important though uncomfortable topic. Together we will be posing vitally important questions, sharing experiences, and offering thoughtful observations that can profoundly change the way we live and die.

Note: For additional details on all our groups, please visit our website at www.sdrlondon.ca.



phone: 519.438.3525 slrlondonontario@gmail.com www.slrlondon.ca

### **INTEREST GROUPS**

### EXPLORING CRAFTY TRIVIA with Patricia Lewis and Pat McCabe

Monday p.m. 1:30 - 3:30 Sept – June, Fee \$15

Do you collect embroidery floss? Never pass a yarn shop? Have an ever-increasing stash of fabric? If you answered yes to any of these questions, try this new interest group. Share ideas and techniques both old and cutting-edge with others. Field trips may be on the agenda. The direction we take will be determined by the members.

#### **PHOTOGRAPHY CLUB with Jeff Keenor**

Meets 1st Thursday a.m. of each month 11:45 - 1:00 Fee: \$15 (for 2017-2018); Maximum 14 members

Open to anyone with a digital camera, any skill level. Share photographs, tips and techniques, so that all increase their enjoyment of photography.

# THE LIVELY POETS' SOCIETY with Denise Ritchie and Pat Patterson

Meets Thursdays, Sept 28, Oct 12, 19, Nov 9, 23, 30 11:45 a.m. – 1:15 p.m.

Fee: \$10; Maximum 12

Members meet twice monthly to share and discuss poetry and poets – dead poets, live poets, ancient poetry, new poetry – let's explore together.

#### **RECORDER ENSEMBLE with John Morgan**

Meets every other Thursday p.m. 2:00 - 3:30 Location: Church of St. Jude, Fanshawe and Adelaide Fee: \$50 for 2017-2018 year Facilitators will confirm the date of the first meeting unless shown otherwise. Note: many interest groups are off-site.

This is a continuing group – new members welcome. It is expected that all members will play a C or F instrument and be in the process of learning the second instrument.

#### **COMPUTER CLINIC with Western Students**

Thursday p.m. 3:00 - 3:50 (no class Oct 26) Friday p.m. 1:00 - 1:50 (no class Oct 27)

Fee: Free to SLR members; advance sign-up required (Contact Gina Barber)

Western student volunteers come to Grosvenor Lodge to provide one-on-one assistance to members with computer related questions. Bring your laptop, tablet, smart phone or digital camera.

#### **SERIOUSLY LITTLE REHEARSED SINGERS with Gina Barber**

Fridays 11:45 a.m. - 12:45 p.m.

Sept - June

Fee: \$15 for 2017-2018 Year

Does singing make you happy? Can you carry a tune? If you can say yes to one of these, you are eligible to become a member of Seriously Little Rehearsed, the singing group that loves to laugh and sing. Sometimes we perform for our members. That's fun, too.

#### FRIENDS OF THE HYLAND with Mary Evans and Helen Bullas

Meets second Sunday of the month for early matinee at the Hyland Theatre followed by lively discussion at a local restaurant.

Sept - June

Fee: Free to SLR members

### SOCIAL EVENTS

#### MEET AND GREET LUNCHEON

Tuesday, Sept 12, 12:00 noon Grosvenor Lodge Cost: \$15

This annual fall event is an opportunity to meet friends and welcome newcomers to SLR for another stimulating year. Enjoy a light finger-food lunch by Village Caterers in the elegant reception rooms at the lodge. Dining alfresco on the verandahs is an option, weather permitting. Enjoy the gardens in their late summer glory.

#### **FALL NATURE HIKE**

Tuesday, Sept 26, 10:00 – 12:00 noon Westminster Ponds Cost: No charge

Explore one of the largest Natural Areas in London with six major ponds scattered throughout the area and a rich variety of natural habitats. The red maple leaves and yellow tamarack needles will be beautifully reflected in the ponds. Charlie Aberhart, long-time member of SLR and life-long member of the Thames Valley Trail Association, will be our leader.

#### **BUS TRIP TO ROYAL BOTANICAL GARDENS**

Tuesday, Oct 24

9:30 a.m. Depart London on Badder Bus to Burlington 5:00 – 5:30 E.T.A. back to London Cost: \$60

#### Please pay for these separately.

Whether you are a gardening expert or simply appreciate nature's beauty, a trip to the Gardens is an unparalleled sensory experience and a dream come true. Join us for an indoor two-hour guided tour of the Mediterranean Garden and enjoy a café lunch in these beautiful surroundings.

#### **HOOTENANNY**

Wednesday, Oct 25, 6:00 – 8:00 p.m. Westhaven Golf & Country Club Cost: \$20

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Definition: A party that is chock full of Hoot and a little bit of Nanny. The SLR Hootenanny is an opportunity to enjoy an evening social gathering where our own Seriously Little Rehearsed singers will lead us in a sing-a-long of traditional folk songs. Noele's ukulele performers will add to the musical entertainment. Finger foods will be served and a cash bar available.

#### **FESTIVE BANQUET**

Thursday, Dec 7, 12:00 noon Highland Golf and Country Club 1922 Highland Heights (just west of Ridout on Commissioners Road)

Cost: \$25

This banquet is an annual SLR tradition, closing out the Fall term as we dine in style. Share stories and camaraderie with fellow members while relishing a seasonal three-course lunch in this idyllic setting. Entertainment is an added attraction as we enjoy the SLR recorder group and the Seriously Little Rehearsed singers.

### **MARK YOUR CALENDARS**

#### **FALL PROGRAM PREVIEW AND REGISTRATION**

Thursday, May 18, 1:30 – 3:30 (doors open 1:00; presentations start at 1:30 sharp)

Siloam United Church, 1240 Fanshawe Park Road East

Listen to the moderators and facilitators describe their courses and activity groups, and be among the first to sign up. Our program previews are lively and fun, with each moderator or facilitator trying to convince you that their course is the right one for you. Another chance to socialize and enjoy free refreshments. Bring your friends!

#### **VICTORIA DAY (no classes)**

Monday, May 22

#### **MODERATORS' WORKSHOP**

Wednesday, Sept 6, 10:00 a.m. - 12:00 noon

#### **FALL OPEN HOUSE**

Thursday, Sept 7, 10:00 – 12:00 p.m.; 1:00 – 3:00 p.m. Grosvenor Lodge

This is another chance to register for the Study, Activity, Discussion and Interest Groups of your choice and talk with the moderators and facilitators. Short information sessions will be presented for prospective and current members who would like to get an overview of SLR and discover all we have to offer. As usual, refreshments are free. Everyone is welcome, and don't hesitate to bring your friends.

#### PRESENTATION WORKSHOP

Thursday, Sept 14, 10:00 a.m. - 12:00 noon

This workshop is designed to take all the worry out of making a presentation. All are welcome – newcomers and current members – who want to improve their presentation skills, including PowerPoint. You will receive advice on researching, preparing and presenting your topic. As well, you will be treated to a presentation by one of our members. All this at no cost!

#### **THANKSGIVING HOLIDAY (No Classes)**

Monday, Oct 9

#### **WINTER 2018 PROGRAM BROCHURE**

Our brochure with the Winter 2018 selections will be available mid-November. The Winter term begins late January.

#### **WINTER 2018 PROGRAM PREVIEW AND REGISTRATION**

Wednesday, Nov 29, 1:30 - 3:30

(Doors open 1:00; Presentations begin 1:30 sharp)

Siloam United Church, 1240 Fanshawe Park Road East

Listen to the moderators and facilitators describe their courses and activity groups, and be among the first to sign up. Our program previews are lively and fun, with each moderator or facilitator trying to convince you that his/her course is the right one for you. A chance to socialize and enjoy free coffee and cookies.

#### **SOCIAL EVENTS:**

SPRING NATURE HIKE, Wednesday, May 17, 10:00 a.m.

STRAWBERRIES IN JUNE, Wednesday, June 21, 12:00 noon

SUMMER THEATRE ADVENTURE, Thursday, July 13, 2:00 p.m.

MEET AND GREET LUNCHEON, Tuesday, Sept 12, 12:00 noon

FALL NATURE WALK, Tuesday, Sept 26, 10:00 – 12:00 noon

BUS TRIP TO ROYAL BOTANICAL GARDENS, Tuesday, Oct 24

HOOTENANNY, Wednesday, Oct 25, 6:00 – 8:00 p.m.

FESTIVE BANQUET, Thursday, Dec 7, 12:00 noon

### REGISTRATION INFORMATION AND POLICIES

Registration opens upon distribution of the brochure.

All registrations are taken on a first-come, first-served basis. See brochure for maximum group sizes.

The Registration Form with payment can be handed in at the Open Houses, the Program Previews or at any time by mail or dropped off in the SLR locked mailbox located in the 1st floor foyer. (For the date, time and location of the Open House and Program Preview, see the Mark Your Calendars section in the brochure and/or visit www.slrlondon.ca.)

Credit Card, cheque or cash payments are all acceptable at Program Previews and Open Houses. Cheques are acceptable at all times and are made payable to **SLR London**.

Note: We are unable to process post-dated cheques. Please do **not** send cash through the mail.

Registration is complete only when full payment has been received by SLR.

#### **MAILING ADDRESS**

Society for Learning in Retirement Grosvenor Lodge 1017 Western Road London, ON N6G 1G5 519-438-3525 slrlondonontario@gmail.com www.slrlondon.ca

#### **CO-REGISTRATION POLICY**

To guarantee a place in a Study, Activity or Discussion Group, payment is required for each course at time of registration. If, however, there is space available in another course you would like to take **AND** you have already registered and paid for at least one course of equal or higher value, you may apply for the additional course **AT OR AFTER** the Open House or Program Preview at no charge by going to the Co-Registration table to submit your request. You may also make your application by email or telephone at any time following the Open House or Program Preview.

Applications will be processed the week prior to term commencement and all applicants will be contacted as to the status of their applications.

#### **REFUND POLICY**

No refunds are issued for Annual Membership Fees.

If SLR cancels a program, a full refund is issued.

Refunds will be issued if a withdrawal occurs prior to the commencement of the program. Refunds are subject to a \$5.00 administration fee.

No refunds will be issued after the first week of classes.

Exceptions will be considered for medical or compassionate reasons.

"Keeping your brain stimulated and your spirit young"

SLR is generously sponsored by Westminster College Foundation